



College of Sciences
and Mathematics

Pre - Medicine

Helpful Auburn Contacts:

Alpha Epsilon Delta (AED)

- www.auburn.edu/aed

Beverly Childress, Pre-Health Advisor

- childbb@auburn.edu

Krysta Diehl,

Pre-Health Counselor

- knd0001@auburn.edu

Helpful Websites:

- American Association of Colleges of Osteopathic Medicine
www.aacom.org
- American Association of Colleges of Podiatric Medicine
www.aacpm.com
- American Chiropractic Association
www.americhiro.org
- Association of American Medical Colleges (AAMC)
www.aamc.org
- Explorehealthcareers.org
- National Association of Advisors for the Health Professions
www.naahp.org

Student Timeline:

Freshman Year:

- Visit Career Development Services to explore your career options
- Volunteer with professionals in your fields of interest
- Become an associate member of AED and participate in the volunteer activities

Sophomore Year:

- Decide on your major
- Continue involvement with AED and work on becoming a national member
- Continue getting shadowing experience
- Make sure you are on track with your course requirements for medical school
- Get involved with volunteer activities in the community and on campus
- Take advantage of mock interviews in March
- Take practice MCATs offered each semester by AED

Junior Year:

- Participate in the PPAC process, which begins in January
- Look into taking the SCM 3890 Pre-Medical Preceptorship class
- Stay involved with AED
- Take advantage of mock interviews in April
- Continue shadowing doctors
- Prepare for the MCAT by taking a review course or studying on your own
- Take multiple practice MCATs during spring semester
- Take the MCAT by the end of May after your junior year
- Complete AMCAS and other applications in June

Senior Year:

- Complete all secondary applications
- Grades still matter so keep studying
- Interview
- Graduate

Tips from Students:

- Keep a log of all your volunteer work. Include date, number of hours, contact information, and what you learned.
- No one can tell you to change majors. If you have a 3.0 GPA or lower or did not make above a 24 on your ACT, you may want to consider the amount of time needed to raise your GPA to a competitive level.
- Don't take the real MCAT until your practice scores are in the competitive range consistently.
- Don't get discouraged with school or with the application process. It can be tough at times, but there are many valuable resources in the COSAM Dean's office to help you.
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