



College of Sciences  
and Mathematics

# Pre - Medicine

## Helpful Auburn Contacts:

### Alpha Epsilon Delta (AED)

- [www.auburn.edu/aed](http://www.auburn.edu/aed)

### Beverly Childress, Pre-Health Advisor

- [childbb@auburn.edu](mailto:childbb@auburn.edu)

Krysta Diehl,

Pre-Health Counselor

- [knd0001@auburn.edu](mailto:knd0001@auburn.edu)

## Helpful Websites:

- American Association of Colleges of Osteopathic Medicine  
[www.aacom.org](http://www.aacom.org)
- American Association of Colleges of Podiatric Medicine  
[www.aacpm.com](http://www.aacpm.com)
- American Chiropractic Association  
[www.americhiro.org](http://www.americhiro.org)
- Association of American Medical Colleges (AAMC)  
[www.aamc.org](http://www.aamc.org)
- [Explorehealthcareers.org](http://Explorehealthcareers.org)
- National Association of Advisors for the Health Professions  
[www.naahp.org](http://www.naahp.org)

## Student Timeline:

### Freshman Year:

- Visit Career Development Services to explore your career options
- Volunteer with professionals in your fields of interest
- Become an associate member of AED and participate in the volunteer activities

### Sophomore Year:

- Decide on your major
- Continue involvement with AED and work on becoming a national member
- Continue getting shadowing experience
- Make sure you are on track with your course requirements for medical school
- Get involved with volunteer activities in the community and on campus
- Take advantage of mock interviews in April
- Take practice MCATs offered each semester by AED

### Junior Year:

- Participate in the PPAC process, which begins in January
- Look into taking the SCM 3890 Pre-Medical Preceptorship class
- Stay involved with AED
- Take advantage of mock interviews in April
- Continue shadowing doctors
- Prepare for the MCAT by taking a review course or studying on your own
- Take multiple practice MCATs during spring semester
- Take the MCAT by the end of May after your junior year
- Complete AMCAS and other applications in June

### Senior Year:

- Complete all secondary applications
- Grades still matter so keep studying
- Interview
- Graduate

## Tips from Students:

- Keep a log of all your volunteer work. Include date, number of hours, contact information, and what you learned.
- No one can tell you to change majors. If you have a 3.0 GPA or lower or did not make above a 24 on your ACT, you may want to consider the amount of time needed to raise your GPA to a competitive level.
- Don't take the real MCAT until your practice scores are in the competitive range consistently.
- Don't get discouraged with school or with the application process. It can be tough at times, but there are many valuable resources in the COSAM Dean's office to help you.
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