**Pre-Medicine**

**Student Timeline:**

**Freshman Year:**
- Visit Career Development Services to explore your career options
- Volunteer with professionals in your fields of interest
- Become an associate member of AED and participate in the volunteer activities

**Sophomore Year:**
- Decide on your major
- Continue involvement with AED and work on becoming a national member
- Continue getting shadowing experience
- Make sure you are on track with your course requirements for medical school
- Get involved with volunteer activities in the community and on campus
- Take advantage of mock interviews in April
- Take practice MCATs offered each semester by AED

**Junior Year:**
- Participate in the PPAC process, which begins in January
- Look into taking the SCMH 3890 Pre-Medical Preceptorship class
- Stay involved with AED
- Take advantage of mock interviews in April
- Continue shadowing doctors
- Prepare for the MCAT by taking a review course or studying on your own
- Take multiple practice MCATs during spring semester
- Take the MCAT by the end of May after your junior year
- Complete AMCAS and other applications in June

**Senior Year:**
- Complete all secondary applications
- Grades still matter so keep studying
- Interview
- Graduate

**Tips from Students:**
- Keep a log of all your volunteer work. Include date, number of hours, contact information, and what you learned.
- No one can tell you to change majors. If you have a 3.0 GPA or lower or did not make above a 24 on your ACT, you may want to consider the amount of time needed to raise your GPA to a competitive level.
- Don’t take the real MCAT until your practice scores are in the competitive range consistently.
- Don’t get discouraged with school or with the application process. It can be tough at times, but there are many valuable resources in the COSAM Dean’s office to help you.

**Helpful Auburn Contacts:**
Alpha Epsilon Delta (AED)
- www.auburn.edu/aed
- Beverley Childress, Pre-Health Advisor
  - childbb@auburn.edu
- Krysta Diehl, Pre-Health Counselor
  - knd0001@auburn.edu

**Helpful Websites:**
- American Association of Colleges of Osteopathic Medicine
  - www.aacom.org
- American Association of Colleges of Podiatric Medicine
  - www.aacpm.com
- American Chiropractic Association
  - www.americhiro.org
- Association of American Medical Colleges (AAMC)
  - www.aamc.org
- Explorehealthcareers.org
- National Association of Advisors for the Health Professions
  - www.naahp.org