Freshman Year:
• Visit Career Development Services to explore your career options
• Volunteer with professionals in your fields of interest
• Become an associate member of AED and participate in the volunteer activities

Sophomore:
• Decide on your major
• Continue involvement with AED
• Continue getting shadowing experience
• Make sure you are on track with your class requirements for physician assistant school
• Get involved with volunteer activities in the community and on campus

Junior Year:
• Stay involved with AED
• Continue shadowing physician assistants
• Prepare for the GRE by taking a review course or studying on your own
• Take advantage of mock interviews in the fall.
• Take multiple practice GREs during spring semester
• Take the GRE by the end of May after your junior year
• Check with PA schools to be sure you meet their application deadlines
• Begin CASPA application and complete it before fall semester of senior year

Senior Year:
• Complete all supplemental applications
• Interview
• Graduate
• Grades still matter so keep studying

Tips from Students:
• Keep a log of all your volunteer work. Include date, number of hours, and contact information for all your volunteer work.
• No one can tell you to change majors but if you have a 3.0 GPA or lower or did not make above a 24 on your ACT you may want to consider the number of classes and amount of time needed to raise your GPA to a competitive level.
• PA schools value health related experience, specifically patient contact experience. If possible, try to volunteer or work in a setting where you can have direct patient contact.