How Do I Look?

A Few General Tips:

- Attire:
  Men- Invest in a good-quality two piece suit in black, dark gray, gray or navy blue. Ties should be conservative in length, width, and design. DO NOT WEAR BOW TIES OR CLIP-ONS.
  Women- Invest in a good quality suit in dark gray, gray, navy blue, black or taupe. Avoid Suits with patterns. Skirts should be knee length.
- Be clean and use unscented deodorant liberally.
- Arrive early. In a restroom, check your clothes, hair, hands and nails, and face (corners of eyes, nose, and teeth). Carry and use travel mouthwash.
- Take off your jacket prior to an interview, or while traveling, to keep it neat and wrinkle-free, as well as to keep yourself as cool as possible.
- Keep jewelry conservative.
  For men, a good quality watch with a metal or leather strap and one ring on your ring finger is acceptable.
  For women, a good quality watch with a metal or leather strap, one pair of small earrings, preferably studs, and a matching necklace is acceptable. One ring per hand is permissible, preferably on your ring fingers. Any evidence of body piercing should be removed, with the exception of a single earring in each ear.
- Hair should be neat and recently cut. Facial hair should be cleanly shaved.
- Nails should be neatly manicured. Women should avoid overly long nails and should keep nail polish colors simple, preferably clear and unchipped.
- DO NOT wear scents: wear unscented deodorant and do not wear cologne, aftershave, scented hairspray, or perfume.
- Women's make-up should be light and simple while appearing as natural as possible.
- Carry breath mints with you, but don't use them during the interview.
- DO NOT chew gum.
- Glasses should not be tinted. It is important for an interviewer to make eye contact with you.
- "Dress for the position you want, not the one you have."