# Relativistic Description of Hydrogen Rydberg Atoms in a High-Frequency Laser Field 

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#### Abstract

Previously published analytical results for the effects of a high-frequency laser field on hydrogen Rydberg atoms demonstrated that the unperturbed elliptical orbit of the Rydberg electron, generally is engaged simultaneously in the precession of the orbital plane about the direction of the laser field and in the precession within the orbital plane. These results were obtained while disregarding relativistic effects. In the present paper we analyze the relativistic effect for hydrogenic Rydberg atoms or ions in a high-frequency linearly-polarized laser field, the effect being an additional precession of the electron orbit in its own plane. For the general case, where the electron orbit is not perpendicular to the direction of the laser field, we showed that the precession of the electron orbit within its plane can vanish at some critical polar angle $\theta_{c}$ of the orbital plane. We calculated analytically the dependence of the critical angle on the angular momentum of the electron and on the parameters of the laser field. Finally, for the particular situation, where the electron orbit is perpendicular to the direction of the laser field, we demonstrated that the relativistic precession and the precession due to the laser field occur in the opposite directions. As a result, the combined effect of these two kinds of the precession is smaller than the absolute value of each of them. We showed that by varying the ratio of the laser field strength $F$ to the square of the laser field frequency $\omega$, one can control the precession frequency of the electron orbit and even make the precession vanish, so that the elliptical orbit of the electron would become stationary. This is a counterintuitive result.


Keywords: hydrogenic atoms; high-frequency laser field; relativistic precession; laser-controlled precession

## 1. INTRODUCTION

Analytical studies of effects of a high-frequency laser field on various Rydberg atoms and ions - the studies using the method of separating rapid and slow subsystems - have been presented in the literature: see, e.g., book [1] and references therein. In particular, analytical results for hydrogen Rydberg atoms were presented in paper [2] for the case of the linear polarization of the high-frequency laser field and in paper [3] for the cases of the elliptical or circular polarization of the high-frequency laser field.

Specifically, in paper [2] it was shown that the unperturbed elliptical orbit of the Rydberg electron generally is engaged simultaneously in the precession of the orbital plane about the direction of the laser field and in the precession within the orbital plane, the corresponding precession frequencies being calculated analytically. In paper [2] it was also pointed out that the situation has a celestial analogy: it is mathematically equivalent to the motion of a satellite around an oblate planet (such as, e.g., the Earth), the results for the latter system being presented, e.g., in book [4]. Later in paper [5] it was demonstrated that there is also another celestial analogy: it is mathematically equivalent also to the motion of a planet around a circular binary star.

As for paper [3], their authors showed that the case of the circular polarization of the high-frequency laser field is mathematically equivalent to the motion of a satellite around a (fictitious) prolate planet, the results for the latter system being presented, e.g., in book [6]. The orbit of the electron in this case is also engaged simultaneously in the
precession of the orbital plane about the direction of the laser field and in the precession within the orbital plane, the corresponding precession frequencies being calculated analytically [3].

The authors of paper [3] obtained analytical results also for the situation where the high-frequency laser field is elliptically-polarized in the plane of the electron orbit. They demonstrated that this situation is mathematically equivalent to a problem of celestial mechanics, where a satellite moves in an equatorial orbit about a slightly non-spherical planet. For this case the plane of the orbit does not change its orientation over the course of time: the only precession that exists is the precession of the periapsis (and apoapsis) of the ellipse in the orbital plane.

All of the above analytical results were obtained while disregarding relativistic effects. In the present paper we study the role of the relativistic effect for hydrogenic Rydberg atoms or ions in a high-frequency linearly-polarized laser field, the effect being an additional (relativistic) precession of the electron orbit in its own plane. In the general case, where the electron orbit is not perpendicular to the direction of the laser field, there can exist a critical polar angle $\theta_{c}$ of the orbital plane, for which the precession within the plane vanishes and only the precession of the orbital plane remains. We study the dependence of the critical angle both on the angular momentum of the electron and on the laser field parameters.

For the particular situation, where the electron orbit is perpendicular to the direction of the laser field, we show that the relativistic precession and the precession due to the laser field occur in the opposite directions, so that their combined effect is smaller than the absolute value of each of them. Moreover, we show the existence and calculate the specific value of the laser field parameters, for which the two precessions cancel each other out, so that the elliptical orbit of the electron becomes stationary. This is a counterintuitive result.

## 2. ANALYTICAL CALCULATIONS FOR THE GENERAL CASE

We study a hydrogen atom or a hydrogen-like ion of charge $Z$ which is subjected to a high-frequency linearlypolarized laser field of amplitude $F$, directed along the $z$-axis, and frequency $\omega$. The interaction of the laser field with Rydberg states can be described classically. Relativistic effects are taken into account. The Hamiltonian of the system is therefore

$$
\begin{equation*}
H=H_{0}+z F \cos \omega t, H_{0}=\sqrt{p^{2} c^{2}+m^{2} c^{4}}-m c^{2}-\frac{Z e^{2}}{r} \tag{1}
\end{equation*}
$$

where $m$ is the electron mass, $e$ is the elementary charge, $p$ is the momentum of the electron, $r$ is the distance from the nucleus to the electron, and $c$ is the speed of light. Atomic units $(m=e=\hbar=1)$ are used throughout this study.

In the absence of the laser field, we approximate the time-independent part of the Hamiltonian for the case $p \ll m c$ :

$$
\begin{equation*}
H_{0}=c^{2} \sqrt{1+\frac{p^{2}}{c^{2}}}-c^{2}-\frac{Z}{r} \approx \frac{p^{2}}{2}-\frac{p^{4}}{8 c^{2}}-\frac{Z}{r} \tag{2}
\end{equation*}
$$

From the non-relativistic Hamiltonian,

$$
\begin{equation*}
H_{N R}=\frac{p_{0}^{2}}{2}-\frac{Z}{r}=E_{0} \tag{3}
\end{equation*}
$$

where $p_{0}$ is the non-relativistic momentum of the electron and $E_{0}$ is its energy, we express $p_{0}$

$$
\begin{equation*}
p_{0}^{2}=2\left(E_{0}+\frac{Z}{r}\right) \tag{4}
\end{equation*}
$$

and substitute it in the second term in Eq. (2), thus obtaining the further approximation:

$$
\begin{equation*}
H_{0} \approx \frac{p^{2}}{2}-\frac{Z}{r}\left(1+\frac{E_{0}}{c^{2}}\right)-\frac{Z^{2}}{2 c^{2} r^{2}}-\frac{E_{0}}{2 c^{2}} \equiv H_{1}-\frac{Z^{2}}{2 c^{2} r^{2}}-\frac{E_{0}}{2 c^{2}} \tag{5}
\end{equation*}
$$

where $H_{1}$ is the Hamiltonian of the system without the relativistic correction. Therefore, the penultimate term in Eq. (5) is the perturbing term due to the relativistic effects. (The last term in Eq. (5) is constant and thus does not affect the motion.) In book [7], a relativistic treatment of the Kepler problem is presented. The effect of the relativistic correction on the orbit dynamics is the precession of the orbit in its plane with the frequency (scaled by the Kepler frequency $\omega_{\mathrm{K}}$ )

$$
\begin{equation*}
\frac{\Omega_{c}}{\omega_{K}}=\frac{1}{\sqrt{1-\frac{Z^{2}}{L^{2} c^{2}}}}-1 \approx \frac{Z^{2}}{2 L^{2} c^{2}} \tag{6}
\end{equation*}
$$

where $L$ is the angular momentum of the electron (this result follows from Eq. (10a) in book [7]); we refer to the quantity (6) as the scaled relativistic precession. The precession is positive, i.e., its angular velocity has the same sign as the angular velocity of the Kepler motion.

Now we consider the above-mentioned system without the relativistic correction subjected to a linearly-polarized laser field of amplitude $F$ and frequency $\omega$ which is much greater than the highest frequency of the unperturbed system. For such systems, it is appropriate to use the formalism of effective potentials [1, 8-10]. As a result, the Hamiltonian $H_{1}$ in Eq. (5) acquires a time-independent term. The zeroth-order effective potential,

$$
\begin{equation*}
U_{0}=\frac{1}{4 \omega^{2}}\left[V,\left[V, H_{1}\right]\right]=\frac{F^{2}}{4 \omega^{2}} \tag{7}
\end{equation*}
$$

where $V=z F$ and $[P, Q]$ are the Poisson brackets, is a coordinate-independent energy shift, so it does not affect the dynamics of the system. The first-order effective potential gives the first non-vanishing effect on the system:

$$
\begin{align*}
& U_{1}(r, \theta)=\frac{1}{4 \omega^{4}}\left[\left[V, H_{1}\right],\left[\left[V, H_{1}\right], H_{1}\right]\right]=-\frac{a\left(1+\frac{E_{0}}{c^{2}}\right)\left(3 \cos ^{2} \theta-1\right)}{r^{3}} \\
& \quad \approx-\frac{a\left(3 \cos ^{2} \theta-1\right)}{r^{3}} \tag{8}
\end{align*}
$$

where $a=Z F^{2} /\left(4 \omega^{4}\right)$; as $E_{0} \ll c^{2}$, we can neglect the term $E_{0} / c^{2}$ in (8). The first term of $U_{1}$ is a perturbation of the Coulomb potential which makes the system mathematically equivalent to a satellite rotating around the oblate Earth [4], whose motion has the following property: the unperturbed elliptic orbit undergoes simultaneously two precessions, one of them being the precession of the orbit in its plane, and the other being the precession of the orbital plane about the vector $\mathbf{F}$. Both precession frequencies are of the same order of magnitude and are much smaller than the Kepler frequency.

Without the relativistic correction, the first-order effective potential given in Eq. (8) gives rise to two simultaneous effects on the Kepler orbit, as mentioned above. By using Eqs. (1.7.10) and (1.7.11) from book [4], we obtain the scaled frequencies of the precession of the orbit in its plane ("pip" stands for "precession in plane") and the precession of the plane about the direction of the laser field ("pop" stands for "precession of plane"):

$$
\begin{gather*}
\frac{\Omega_{p i p}}{\omega_{K}}=\frac{3 a Z}{2 L^{4}}\left(1-5 \sin ^{2} \theta\right)  \tag{9}\\
\frac{\Omega_{p o p}}{\omega_{K}}=\frac{3 a Z}{L^{4}} \sin \theta \tag{10}
\end{gather*}
$$

where $\theta$ is the angle between the orbital plane and the laser field. The precession of the orbital plane is realized by the plane's rotation around the vector $\mathbf{F}$, while its angle with the vector stays the same. For the case considered in the previous section, $\theta=\pi / 2$, the orbit plane precesses parallel to itself, therefore, the angular velocities from Eqs. (9)
and (10) are both parallel to the laser field.
When the relativistic precession is taken into account, it creates an additional term for the precession in the plane. Thus, the plane of the orbit of the electron in this case undergoes the precession given by (10), while the orbit precesses in its own plane with the scaled frequency

$$
\begin{equation*}
\frac{\Omega_{p i p}}{\omega_{K}}+\frac{\Omega_{c}}{\omega_{K}}=\frac{3 a Z}{2 L^{4}}\left(1-5 \sin ^{2} \theta\right)+\frac{Z^{2}}{2 L^{2} c^{2}} \tag{11}
\end{equation*}
$$

Without the relativistic effects, the critical angle $\theta_{c}$ at which there is no precession in the plane is given by $\arcsin \left(1 / 5^{1 / 2}\right) \approx 26.6^{\circ}$. The relativistic effects increase the value of this critical angle: its value is given by

$$
\begin{equation*}
\theta_{c}=\arcsin \sqrt{\frac{1}{5}+\frac{4 \omega^{4} L^{2}}{15 F^{2} c^{2}}} \tag{12}
\end{equation*}
$$

Figure 1 shows the value of the critical angle in degrees depending on the angular momentum of the electron, for selected values of the laser field strength and frequency.


Fig. 1. Dependence of the critical angle $\theta_{c}$ at which the precession in the orbital plane vanishes, on the angular momentum of the electron, for the laser field amplitude $F=2$ (solid line) and $F=5$ (dashed line) and the frequency $\boldsymbol{\omega}=\mathbf{1 0}$.
From Eq. (12), we see that the situation when the precession in the orbital plane vanishes is possible when

$$
\begin{equation*}
L<\frac{F}{\omega^{2}} c \sqrt{3} \tag{13}
\end{equation*}
$$

i.e., the relativistic correction puts an upper limit on the value of the angular momentum of the electron when the vanishing of the precession in the orbital plane is possible, for the given values of the laser field strength and frequency. For example, when

$$
\begin{equation*}
\omega>\sqrt{F c \sqrt{3}} \tag{14}
\end{equation*}
$$

the precession in the orbital plane never vanishes for any $L \geq 1$; for example, if $F=2$, then for the laser field frequency $\omega>21.8$ the precession in the plane never vanishes for any $L \geq 1$.

## 3. THE CASE OF THE ELECTRON ANGULAR MOMENTUM COLLINEAR WITH THE LASER FIELD

Now we consider the situation when the angular momentum of the electron is collinear to the laser field, i.e., $\theta=\pi / 2$. In this case, the perturbation takes the following form:

$$
\begin{equation*}
U_{1}(r)=\frac{a}{r^{3}} \tag{15}
\end{equation*}
$$

The calculation of the $1 / r^{n}$-perturbation for the Kepler orbit can be found in work [11] (the treatment for the cases $n=2$ and $n=3$ can be found also in the textbook [12]). For the Coulomb potential $-\alpha / r$ perturbed by the potential $\beta / r^{k}$, the orbit undergoes a precession with the perihelion advance

$$
\begin{equation*}
\delta \Phi=2 m \beta \frac{\partial}{\partial L}\left(\frac{1}{L} p^{2-k} \int_{0}^{\pi}(1+\varepsilon \cos \varphi)^{k-2} d \varphi\right) \tag{16}
\end{equation*}
$$

with the substituted quantities

$$
\begin{equation*}
p=\frac{L^{2}}{m \alpha}, \varepsilon=\sqrt{1+\frac{2 E_{0} L^{2}}{m \alpha^{2}}} \tag{17}
\end{equation*}
$$

the first of which is the semi-latus rectum of the unperturbed elliptical orbit and second is its eccentricity. The ratio of the precession frequency due to the perturbation to the Kepler frequency given by Eq. (16) is therefore

$$
\begin{equation*}
\frac{\Omega_{1}}{\omega_{K}}=-\frac{3 a Z}{L^{4}}=-\frac{3 Z^{2} F^{2}}{4 L^{4} \omega^{4}} \tag{18}
\end{equation*}
$$

to which we refer as scaled high-frequency precession. The precession caused by the high-frequency laser field is negative (its angular velocity is of the opposite sign to that of the Kepler motion). The ratio of the magnitudes of the precessions is

$$
\begin{equation*}
\frac{\Omega_{c}}{\Omega_{1}}=\frac{2 L^{2} \omega^{4}}{3 c^{2} F^{2}} \tag{19}
\end{equation*}
$$

For example, for the values of the laser field amplitude $F=2$ and frequency $\omega=10$, the ratio in Eq. (19) is of the order of unity for $L$ being in the approximate range between 3 and 6 . Due to their opposite directions, the combined effect of the relativistic and high-frequency precessions is always less by absolute value than the greater precession by absolute value, and the two effects may cancel each other.

Figure 2 shows the dependence of the absolute value of both corrections and of the combined effect of the two on the value of the angular momentum $L$ of the electron for the nuclear charge $Z=6$, the laser field amplitude $F=2$ and frequency $\omega=10$.


Fig. 2. The scaled relativistic precession (dashed line), the absolute value of the scaled high-frequency precession (dotted line), and their combined effect (solid line) for $Z=6, F=2$ and $\omega=\mathbf{1 0}$.
The high-frequency laser field cancels the relativistic effect when

$$
\begin{equation*}
\frac{F}{\omega^{2}}=\sqrt{\frac{2}{3}} \frac{L}{c} \tag{20}
\end{equation*}
$$

For example, for $L=3$, the laser field with $F=2$ and $\omega=10.5778$ will make the orbit's precession vanish. Figure 2 shows the critical value of the frequency of the laser field of selected amplitudes at which the precession of the electron orbit vanishes, depending on the angular momentum of the electron. As we see, the critical value of the laser field frequency stays much greater than the Kepler frequency of the electron $1 / L^{3}$ and is therefore within the validity range of the method of effective potentials.


Fig. 3. Dependence of the critical value of the laser field frequency, at which the precession of the electronic orbit vanishes, on the angular momentum of the electron, for the laser field amplitude $F=2$ (solid line) and $F=5$ (dashed line).
Thus, by varying the ratio of the laser field strength $F$ to the square of the laser field frequency $\omega$, one can control the precession frequency of the electron orbit and even make the precession vanish (according to Eq. (20)), so that the elliptical orbit of the electron would become stationary. This is a counterintuitive result.

## 4. CONCLUSIONS

We analyzed the relativistic effect for hydrogenic Rydberg atoms or ions in a high-frequency linearly-polarized laser field. For the general case, where the electron orbit is not perpendicular to the direction of the laser field, we showed that the precession of the electron orbit within its plane can vanish at some critical polar angle $\theta_{\mathrm{c}}$ of the orbital plane. We calculated analytically the dependence of the critical angle on the angular momentum of the electron and on the parameters of the laser field.

For the particular situation and where the electron angular momentum is collinear with the laser field, we demonstrated that the relativistic precession and the precession due to the laser field occur in the opposite directions. As a result, the combined effect of these two kinds of the precession is smaller than the absolute value of each of them. We showed that by varying the ratio of the laser field strength $F$ to the square of the laser field frequency $\omega$, one can control the precession frequency of the electron orbit and even make the precession vanish, so that the elliptical orbit of the electron would become stationary. This is a counterintuitive result.

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