**Pre-Health Four-Year Plan**

**Year 1**
- Begin taking prerequisite courses.
- Attend an Info Session.
- Get involved in extracurricular activities.
- Attend Pre-Health school fairs.
- Explore health careers.
- Begin thinking about research interests.
- Begin shadowing.
- Explore summer opportunities.
- Attend Sophomore Boot Camp.

**Year 2**
- Continue taking prerequisite courses.
- Attend a My Pre-Health Plan session.
- Continue shadowing.
- Continue gaining service and leadership experience.
- Participate in Pre-Health school fairs & mock interviews.
- Consider opportunities to gain clinical experience.
- Search for summer opportunities.
- Attend Sophomore Boot Camp.

**Year 3**
- Finish prerequisite courses.
- Join the Pre-Professional Application Course (PPAC).
- Continue gaining research and clinical experience.
- Continue shadowing.
- Continue gaining service and leadership experience.
- Take standardized entrance exam (i.e., MCAT, PA-CAT, DAT, OAT, etc.)
- Participate in Pre-Health school fairs & mock interviews.
- Search for summer opportunities.
- Apply to professional school.

**Year 4**
- Continue gaining research & clinical experience.
- Continue shadowing.
- Continue gaining service and leadership experience.
- Participate in Pre-Health school fairs & mock interviews.
- Search for Growth Year opportunities.
- Join PPAC if taking a growth year or reapplying.