

PRE-HEALTH FOUR-YEAR PLAN



- Begin taking prerequisite courses.
- Attend an **Info Session**.
- Get involved in extracurricular activities.
- Attend Pre-Health school fairs.
- Explore health careers.
- Begin thinking about research interests.
- Begin shadowing.
- Explore summer opportunities.

- Continue taking prerequisite courses.
- Attend a **My Pre-Health Plan** session.
- Continue shadowing.
- Continue gaining service and leadership experience.
- Participate in Pre-Health school fairs & mock interviews.
- Consider opportunities to gain clinical experience.
- Search for summer opportunities.
- Attend **Sophomore Boot Camp**.

- Finish prerequisite courses.
- **Join the Pre-Professional Application Course (PPAC).**
- Continue gaining research and clinical experience.
- Continue shadowing.
- Continue gaining service and leadership experience.
- **Take standardized entrance exam (i.e., MCAT, PA-CAT, DAT, OAT, etc.)**
- Participate in Pre-Health school fairs & mock interviews.
- Search for summer opportunities.
- Apply to professional school.



- Continue gaining research & clinical experience.
- Continue shadowing.
- Continue gaining service and leadership experience.
- Participate in Pre-Health school fairs & mock interviews.
- Search for **Growth Year** opportunities.
- Join PPAC if taking a growth year or reapplying.

YEAR
1



YEAR
2



YEAR
3



YEAR
4