
Auburn University Job Description

Job Title: **Sports Dietitian, Football**

Job Family: No Family

Job Code: **BB59**

Grade HW11 \$54,900 - \$93,300

FLSA status: Exempt

Job Summary

Assists with overseeing the Football nutrition program for student-athletes and the management of the Wellness Kitchen dining facility for Auburn University Athletics.

Essential Functions

1. Performs dietary assessments and counseling to football student-athletes. Tracks and documents outcomes of nutrition services.
2. Performs nutrition education talks and cooking demonstrations to team. Assists in development and improvement of nutrition education materials and resources.
3. Assists with performing and analyzing body composition assessments of student-athletes.
4. Evaluates the use and safety of dietary supplements by student athletes including potential Name, Image and Likeness (NIL) sponsorships. Assists in creation and review of supplement protocols.
5. Works closely with coaching staff and other individuals from the Athletic Department on any nutrition related matter. Works with athletic trainers and sports medicine staff to address nutritional challenges to performance, provides injury nutrition education, and creates hydration protocols. Collaborates with strength and conditioning staff to optimize student athlete performance through the recommendation of proper nutrition for training and recovery. Works with athletic trainers and sports medicine staff to address nutritional challenges to performance, provides injury nutrition education, and creates hydration protocols.
6. Assists in planning of game weekend nutrition and pre-game menus for home and away competition. Travels with team to all competition sites. Participates in football recruiting events by providing presentations to prospects and families. Orders team meals for practices and other events.
7. Assists in teams' planning and execution of every day practice fueling. Assists in management of football fueling station including ordering, inventory, managing, stocking, staffing, and creating educational materials. May assist with coordination of football student volunteer sports nutrition program.
8. Provides feedback to the Wellness Kitchen dining facility based on team needs and preferences.
9. Develops and implements sports nutrition policies and procedures for football.
10. Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

Supervisory Responsibility

May be responsible for training, assisting or assigning tasks to others. May provide input to performance reviews of other employees.

The above essential functions are representative of major duties of positions in this job classification. Specific duties and responsibilities may vary based upon departmental needs. Other duties may be assigned similar to the above consistent with the knowledge, skills and abilities required for the job. Not all of the duties may be assigned to a position.

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Minimum Required Education and Experience

	<u>Minimum</u>	<u>Focus of Education/Experience</u>
Education	Four-year college degree	Degree in Nutrition, Exercise Science, Sports Administration, or related field. Masters' Degree is preferred.
Experience (yrs.)	3	Experience in assisting, advising, or administering a college football nutrition program as a Registered Dietitian (can include fellowship, internship or graduate assistantship).

Substitutions allowed for Education:

Indicated education is required; no substitutions allowed.

Substitutions allowed for Experience:

Indicated experience is required; no substitutions allowed.

Minimum Required Knowledge

Knowledge of Southeastern Conference (SEC), National Collegiate Athletic Association (NCAA), U.S. Anti-Doping Agency (USADA), and World Anti-Doping Agency (WADA) rules and regulations, and food safety procedures. Basic computer skills, presentation skills, and communication skills. Ability to work a non-traditional work week including weekends and holidays.

Certification or Licensure Requirements

Registered Dietitian or must be a licensed dietitian in the state of Alabama 180 days after hire. Certified Specialist in Sports Dietetics (CSSD) preferred.

Physical Requirements/ADA

Occasional and/or light lifting required. Limited exposure to elements such as heat, cold, noise, dust, dirt, chemicals, etc., but none to the point of being disagreeable. May involve minor safety hazards where likely result would be cuts, bruises, etc.

Externally imposed deadlines; set and revised beyond one's control; interruptions influence priorities; difficult to anticipate nature or volume of work with certainty beyond a few days; meeting of deadlines and coordination of unrelated activities are key to position; may involve conflict-resolution or similar interactions involving emotional issues or stress on a regular basis.

Job frequently requires standing, walking, sitting, talking, hearing, .

Job occasionally requires reaching, handling objects with hands, and lifting up to 10 pounds.

Vision requirements: Ability to see information in print and/or electronically.

Date: 5/4/2022
