

JOB INFORMATION	
Job Code	BB29A
Job Description Title	Sports Dietitian I
Pay Grade	AT05
Range Minimum	\$42,220
33rd %	\$50,660
Range Midpoint	\$54,880
67th %	\$59,100
Range Maximum	\$67,550
Exemption Status	Exempt
Approved Date:	5/20/2024 4:05:33 PM

JOB FAMILY AND FUNCTION

Job Family: Athletics

Job Function: Athletics Sports Health & Welfare

JOB SUMMARY

Under direct supervision, the Sports Dietitian assists with providing individual and group/team nutrition counseling and education to enhance the performance and well-being of Auburn student-athletes.

RESPONSIBILITIES

- Assists with assessing dietary practices, body composition, and energy balance (intake and expenditure) of athletes in the context of athletic performance and well-being.
- Assists with providing counsel to athletes on optimal nutrition for exercise training, competition, recovery from exercise, weight management, hydration, immunity, travel, and supplementation.
- Assists with performing and analyzing body composition assessments of student-athletes.
- Assists with providing personalized meal and snack plans to promote achieving short- and long-term goals for athletic performance and good health.
- Assists with providing medical nutrition therapy, as needed, to help manage or treat medical conditions in collaboration with team physicians and medical personnel.
- Coordinates nutritional care as a member the of the multidisciplinary sports medicine team.
- Evaluates nutritional supplements, including herbal supplements, for legality, safety, quality, and efficacy, monitors the use of appropriate supplementation.
- Assists in the development and adherence of nutrition policies and procedures.
- Assists with developing and delivering nutrition education presentations, demonstrations, or events on various topics related to nutrition for performance.
- Recommends appropriate pre-, during, and post-exercise fluids and snacks for individual training, team practice, and competition.
- Serves as a nutrition resource for coaches, athletic trainers, support staff, food service personnel and parents.
- Performs other duties as assigned.
- Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

SUPERVISORY RESPONSIBILITIES

Supervisory Responsibility

May be responsible for training, assisting or assigning tasks to others. May provide input to performance reviews of other employees.

To be eligible, an individual must meet all minimum requirements which are representative of the knowledge, skills, and abilities typically expected to be successful in the role. For education and experience, minimum requirements are listed on the top row below. If substitutions are available, they will be listed on subsequent rows and may only to be utilized when the candidate does not meet the minimum requirements.

MINIMUM E	EDUCATION & EXPERI	ENCI	E		
Education Level	Focus of Education		Years of Experience	Focus of Experience	
Master's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree.	and	0 years of	Experience in assisting, advising, or administering a college sports nutrition program	Or
Bachelor's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree.	and	0 years of	Experience in assisting, advising, or administering a college sports nutrition program	

MINIMUM KNOWLEDGE, SKILLS, & ABILITIES

Knows fundamental concepts, practices and procedures of particular field of specialization.

MINIMUM LICENSES & CERTIFICATIONS						
Licenses/Certifications	Licenses/Certification Details	Time Frame	Required/ Desired			
Registered Dietitian		Upon Hire	Required			

PHYSICAL DEMANDS & WORKING CONDITIONS

Physical Demands Category: Other

PHYSICAL DEMANDS							
Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight	
Standing			X				

PHYSICAL DEMANDS							
Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight	
Walking			Χ				
Sitting				X			
Lifting				X			
Climbing			X				
Stooping/ Kneeling/ Crouching			X				
Reaching				X			
Talking				X			
Hearing				X			
Repetitive Motions				X			
Eye/Hand/Foot Coordination				X			

WORKING ENVIRONMENT						
Working Condition	Never	Rarely	Occasionally	Frequently	Constantly	
Extreme cold			X			
Extreme heat			X			
Humidity			X			
Wet			X			
Noise			X			
Hazards			X			
Temperature Change			X			
Atmospheric Conditions			X			
Vibration			X			

Vision Requirements:

Ability to see information in print and/or electronically.