Use these instructions to establish your Uprise Health – American Behavioral Account online for MH/SA Services.
New Member Login Request

1. Go to [https://members.ibhsolutions.com](https://members.ibhsolutions.com)
2. Click Member Portals
3. Select Sign In under Member Portal
New Member Login Request

1. Select “Don’t have an account? Register Now”
New Member Login Request

1. Enter Last Name
2. Enter Date of Birth
3. Click Next
4. Each member accessing MH/SA services must have their own registration & login.
New Member Login Request

1. Select Health Plan from the Drop-Down menu
2. Click Next
3. Each member accessing MH/SA services must have their own registration & login
New Member Login Request

1. Create Username
2. Create Password
3. Confirm Password
4. Enter Email
5. Confirm Email
6. Enter Phone #
7. Select Preferred Contact Method
8. Select Secret Question
9. Enter Secret Answer
10. Add Any Notes (optional)
11. Click Register
12. You will not be able to login or access the Member Portal until you receive your 2 verification emails, see next page.
FINAL STEPS

Once you complete the registration process, you will receive an email confirming your request.

Once your request is approved, you then receive another email informing you that your request is approved.

You will now be able to log-in. As you log-in, you will enter a New Password.

You will login to the Member Portal using your dedicated username and password.

If you are unable to login, Please contact helpdesk@americanbehavioral.com
Content Available in the Member Portal

**Claims & Authorizations**
- View Your Authorizations
- Request EAP Authorizations
- View Claims
- File For Reimbursement Claims
- View EOBs

**Coverage & Benefits**
- View Coverage and Benefits
- View Benefits in Detail
- Check your Out-of-Pocket Payments and Deductible

**Find a Provider**
- Search for Provider by Name, Zip Code, or Specialty

**Change Information**
- You can change your member demographics after you notify your Human Resources Department.