

# Your Benefits Explained: HSA, HCFSA, and DCFSA

Auburn University





# FSA

## Healthcare Flexible Spending Account

# Get more flexibility with your FSA



Access annual contribution  
amount on day one



Fast, convenient payments  
and reimbursement



Pay for your spouse and  
dependents too

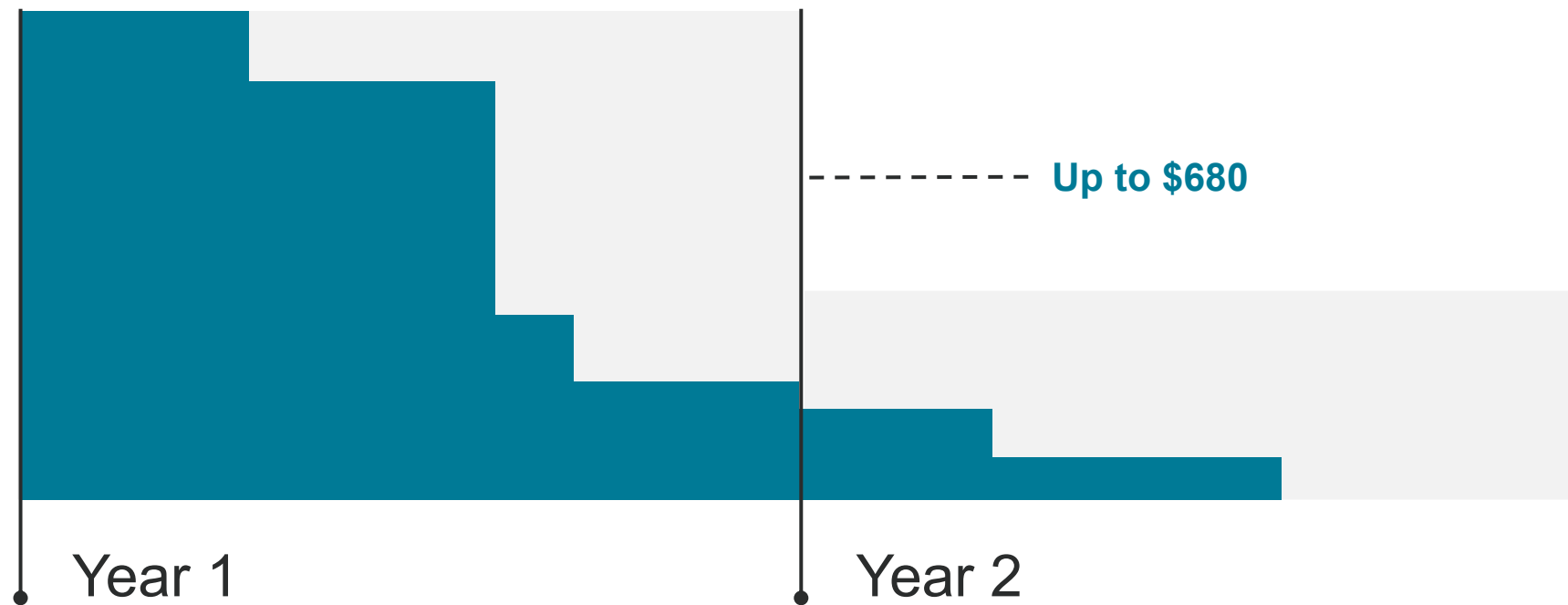


# The more you contribute the more you save

| 2026 Contribution limit | Tax savings* |
|-------------------------|--------------|
| \$3,400                 | \$660        |

\*Estimated savings are based on an assumed combined federal and state income tax bracket of 20%. Actual savings will depend on your taxable income and tax status.

# Carryover



# Smart spending starts with thoughtful planning



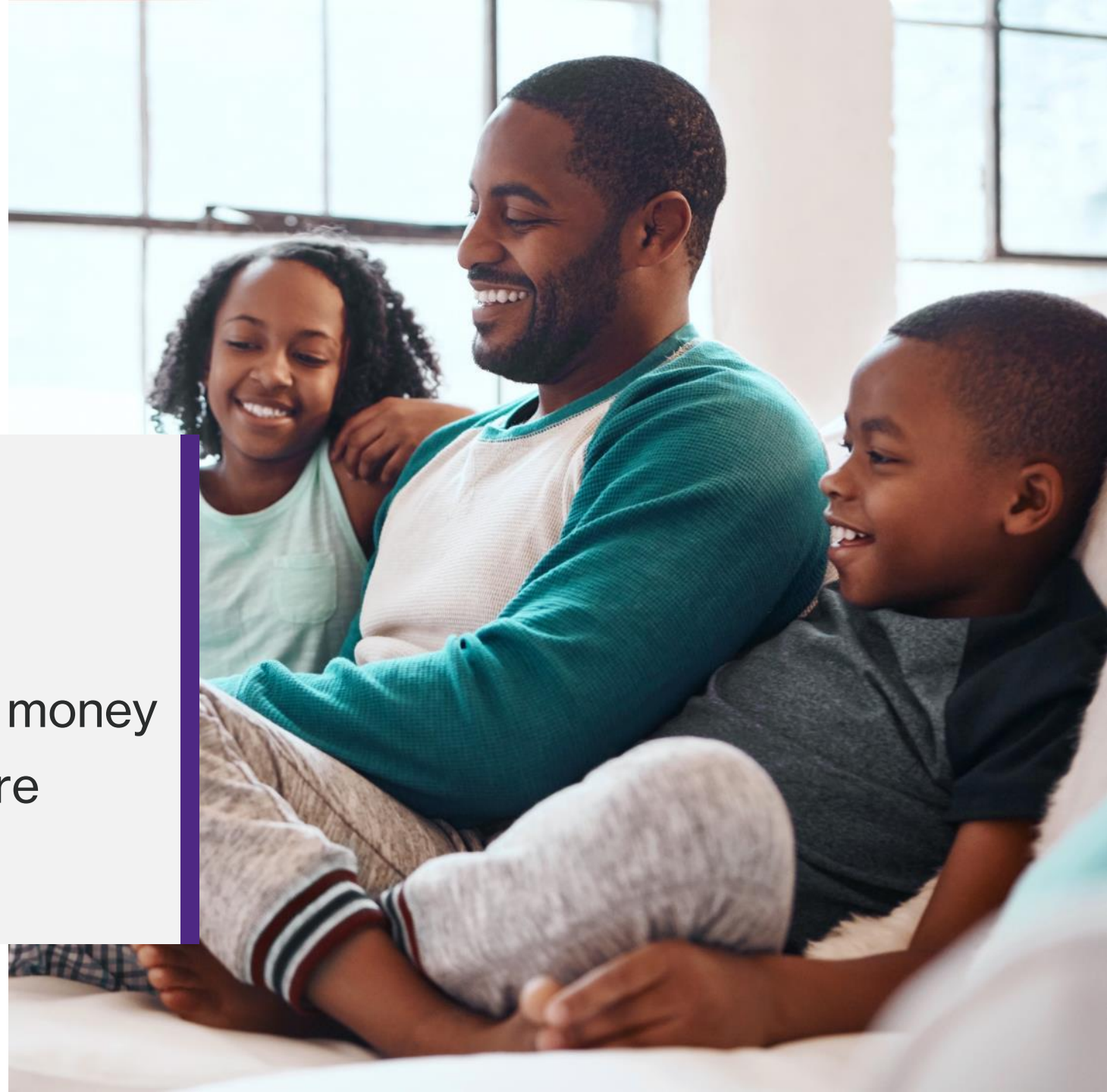
# HSA

## Health Savings Account

# Invest in your healthcare



HSAs are tax-advantaged accounts that let you put aside money for current and future healthcare costs while saving on taxes.



# Get the 'triple-tax advantage' only with HSA

- ✔ Tax-free contributions
- ✔ Tax-free account growth
- ✔ Tax-free spending for qualified medical expenses

HSA's are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules.



# HSA funds roll over year after year



No 'use-it-or-lose-it'



Funds don't expire at  
the end of a plan year



Keep your HSA forever



# The more you contribute the more you save

| Coverage   | 2026 Contribution limit |
|------------|-------------------------|
| Individual | <b>\$ 4,400</b>         |
| Family     | <b>\$ 8,750</b>         |

Members 55+ can contribute an extra \$1000.

\*Employer contributions will be included in your total maximum contribution limit.

# Employer HSA contributions\*

| Annual Salary Range | Individual   | Family       |
|---------------------|--------------|--------------|
| Less than \$40,800  | <b>\$400</b> | <b>\$800</b> |
| At least \$40,800   | <b>\$250</b> | <b>\$500</b> |
|                     |              |              |

\*Employer contributions will be included in your total maximum contribution limit. Additional contributions can be earned via the Wellness incentive

# If you love a 403(b), meet your new best friend



## 403(b)



## HSA

|                                           |                                             |
|-------------------------------------------|---------------------------------------------|
| FICA taxed contributions                  | 100% tax-deductible contributions           |
| Tax-free earnings                         | Tax-free earnings                           |
| Medical expenses taxed as ordinary income | Tax-free distributions for medical expenses |
| Regular expenses taxed as ordinary income | Regular expenses taxed as ordinary income   |
| Minimum distributions required            | No minimum distributions                    |

**HSA Investing Threshold: \$1,000**

HSAs are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules. | After age 65, if you withdraw funds for any purpose other than qualified medical expenses, you will be subject to income taxes. Funds withdrawn for qualified medical expenses will remain tax-free. | Assets in a 403(b) plan can be placed in any of the following investment types: an annuity contract provided through an insurance company; a custodial account invested in mutual funds; or, a retirement income account set up for church employees.

# How do I get or stay eligible for an HSA?

**Sign up for a HDHP** and meet these qualifications:

- ✓ Not enrolled in non-HDHP plan or Medicare
- ✓ No access to a healthcare FSA
- ✓ Not claimed as a dependent on anyone's tax return
- ✓ Minimum age to open an HSA is 18



# HSA vs FSA



## HSA



## FSA

| Health plan type    | HSA-qualified                      | Traditional                         |
|---------------------|------------------------------------|-------------------------------------|
| Premiums            | Lower                              | Higher                              |
| Deductibles         | Higher                             | Lower                               |
| Fund availability   | As you contribute                  | Start of plan year                  |
| Contribution limits | \$4,400 single*<br>\$8,750 family* | \$3,400*                            |
| Fund expiration     | Funds roll over<br>year after year | Funds expire at<br>end of plan year |

\*IRS contribution limits

# Tax-free spending on eligible expenses



## Medical care

- Doctor visits and copays
- Hospital services
- Telehealth



## Vision

- Eye exams
- Prescription glasses/contacts
- Laser eye surgery



## Dental

- Teeth cleaning
- Dental reconstruction
- Orthodontia



## Personal health

- Over-the-counter pain relievers
- Menstrual care products
- Crutches



## Alternative care

- Chiropractic care
- Acupuncture
- Massage\*



## Mental health

- Therapy sessions\*
- Prescriptions
- Treatment for substance abuse disorder

\*May require letter of medical necessity



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[HealthEquity.com/fsa-qme](https://HealthEquity.com/fsa-qme)  
[HealthEquity.com/hsa-qme](https://HealthEquity.com/hsa-qme)



# DCFSA

## Dependent Care Flexible Spending Account

# Turn caregiving into tax savings



**A Dependent Care Flexible Savings Account (DCFSA)** lets you use tax-free money to pay for eligible dependent care expenses.

DCFSA's are never taxed at a federal income tax level when used appropriately for eligible dependent care expenses. Also, most states recognize DCFSA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules



# Save on eligible dependent care expenses

- \$ Pre-tax payroll contributions
-  Fast, convenient payments and reimbursement
-  Enjoy a full year to spend your account funds



# Determine eligible dependents



# Save on DCFSA eligible expenses



## Eldercare

- Elder day care
- Work-related custodial elder care



## Childcare for children under age 13

- Nanny and au pair services
- Summer day camp
- Preschool
- Babysitting



## Care-associated costs

- Transportation costs to and from eligible care
- Late pick-up fees

[HealthEquity.com/dcfsa-qme](https://HealthEquity.com/dcfsa-qme)



# The more you contribute the more you save

| Coverage | Auburn University 2026<br>Contribution limit | Potential tax savings* |
|----------|----------------------------------------------|------------------------|
| Family   | \$6,500                                      | <b>\$1,300</b>         |

\*Estimated savings are based on an assumed combined federal and state income tax bracket of 20%. Actual savings will depend on your taxable income and tax status.

# Qualifying life events



Marital status



Number of dependents



Employment status



Change in residence



New childcare or  
eldercare provider

Generally these are qualifying life events. Check your plan to determine what are permissible qualifying life events.



# Use funds as they accrue

**Get started with  
your account**

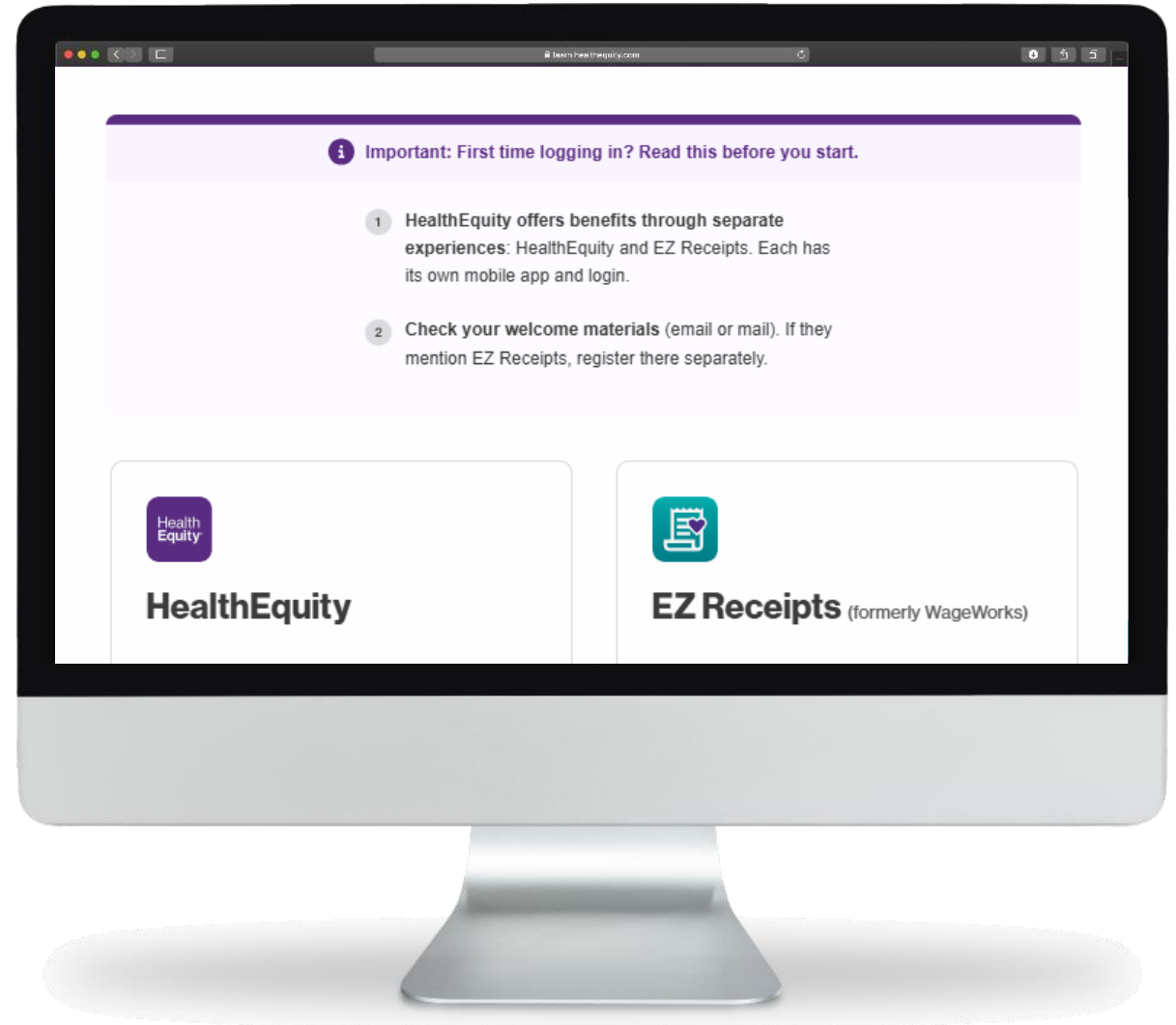
# How to log in

- Enter your information

OR

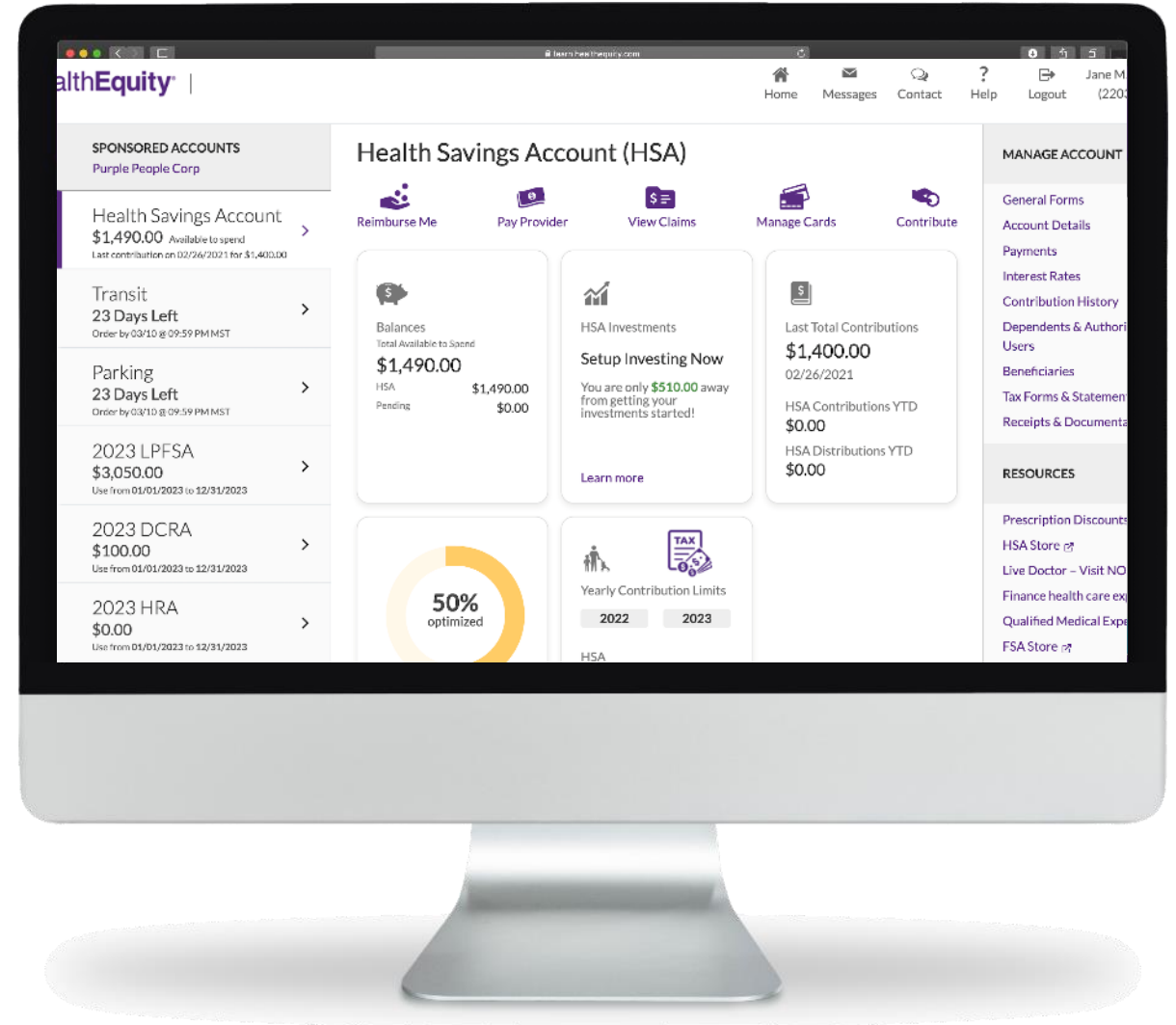
- Follow the steps to create a username and password if logging in for the first time

**[HealthEquity.com/loginhelp](https://HealthEquity.com/loginhelp)**



# Main Dashboard

- ✓ Toggle between different accounts (if applicable)
- ✓ Easily view your balance, key dates, recent activities and more
- ✓ Access various quick links, manage account options and explore available resources



# What's needed for reimbursement

Documentation that includes the following should be provided:

- ✓ Names of providers
- ✓ Names of persons who received care or service
- ✓ Dates of service or care
- ✓ Descriptions of services
- ✓ Costs of service or care

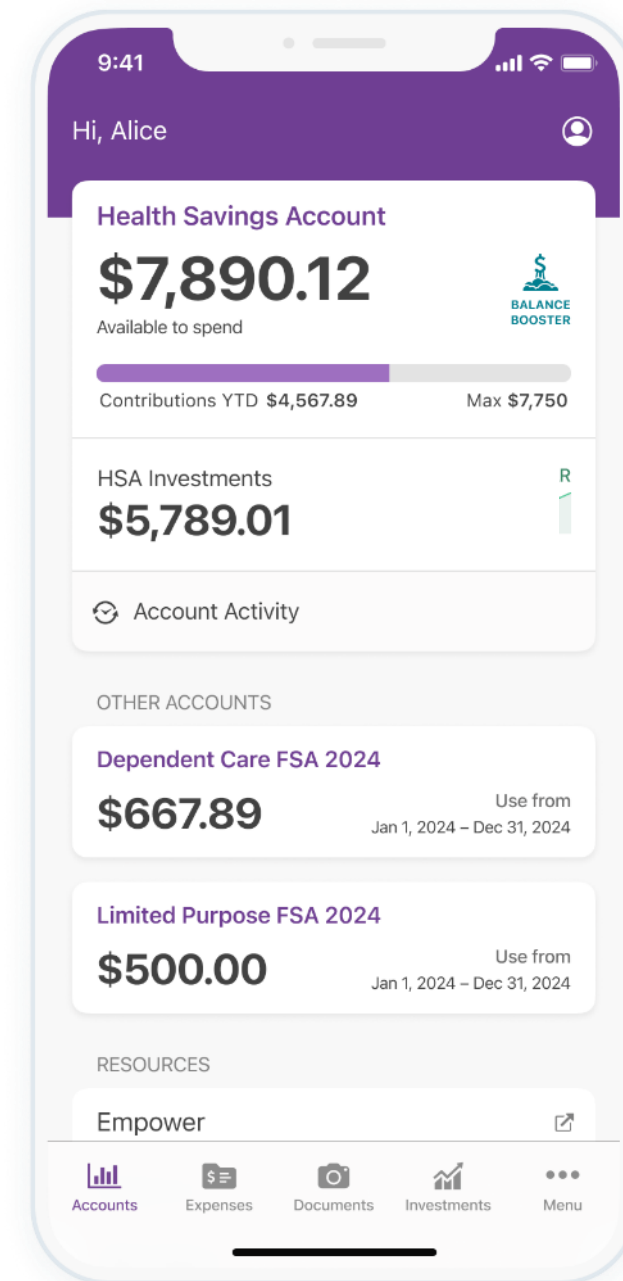


# Download the mobile app

- Home screen to check account balance, view contributions, recent transactions, and claims
- Submit and track claims
- Fast, convenient payment and reimbursement
- Get on-demand, 24/7 support
- Manage HSA investments<sup>1</sup>



HealthEquity app



<sup>1</sup>Investments are subject to risk, including the possible loss of the principal invested, and are not FDIC or NCUA insured, or guaranteed by HealthEquity, Inc. Investing through the HealthEquity investment platform is subject to the terms and conditions of the Health Savings Account Custodial Agreement and any applicable investment supplement. Investing may not be suitable for everyone and before making any investments, review the fund's prospectus.

# Get started today!

01

## Sign up

- ✓ Enrollment dates:  
Oct. 28 – Nov. 17, 2025
- ✓ Choose a HDHP for the HSA
- ✓ Choose PPO or no medical for the FSA
- ✓ Choose election amount for the year

02

## Contribute

- ✓ Pre-tax through payroll
- ✓ Amount withheld from each paycheck is typically equal

03

## Access account

- ✓ Register and login at [www.HealthEquity.com/login](http://www.HealthEquity.com/login)
- ✓ Submit for reimbursement via the HealthEquity online tool or mobile app
- ✓ Remember to save all receipts

# Questions?

We're here for you 24/7

[HealthEquity.com/Learn](https://HealthEquity.com/Learn)

