

Each statement describes how a person might feel when thinking about their parenting. Please indicate the extent to which you tend to agree or disagree with each statement. In each case, make your choice in terms of how you feel right now, not what you have felt in the past or would like to feel.

	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Undecided</u>	<u>Agree</u>	<u>Strongly Agree</u>
1. I'm ready to start working on my parenting.....	1	2	3	4	5
2. Somebody needs to fix my child's behavior.....	1	2	3	4	5
3. I sometimes act without thinking.....	1	2	3	4	5
4. I will work on my child's behavior problems later.....	1	2	3	4	5
5. The only way my child will ever behave is if I threaten to spank him or her.....	1	2	3	4	5
6. If I decide to change my parenting, I can.....	1	2	3	4	5
7. I am always a good person.....	1	2	3	4	5
8. Changing how I parent will not help my child's behavior.....	1	2	3	4	5
9. Bad things could happen if my child's behavior doesn't get better.....	1	2	3	4	5
10. I know that I can successfully complete treatment.....	1	2	3	4	5
11. I never worry about my health.....	1	2	3	4	5
12. Most of the problem is that my child is strong-willed.....	1	2	3	4	5
13. Being here is pretty much a waste of time for me; I already know how to parent my child.....	1	2	3	4	5
14. I'm ready to change my parenting.....	1	2	3	4	5
15. Spanking is the best way to teach kids right from wrong.....	1	2	3	4	5
16. I sometimes think of myself before others.....	1	2	3	4	5
17. It's worth it to spend money to help my child with his/her behavior.....	1	2	3	4	5
18. I'm certain that I can learn new parenting skills.....	1	2	3	4	5
19. There is nothing wrong with how I'm raising my child.....	1	2	3	4	5
20. I sometimes think of myself first.....	1	2	3	4	5
21. It is very important that my child's behavior problems be fixed.....	1	2	3	4	5
22. I don't believe in spanking.....	1	2	3	4	5
23. Sometimes I have bad thoughts.....	1	2	3	4	5
24. The way I'm parenting now is not working.....	1	2	3	4	5
25. I need to learn to be more consistent.....	1	2	3	4	5
26. I always do what is right.....	1	2	3	4	5
27. I don't need to learn new parenting techniques; I already know what works...	1	2	3	4	5
28. I'm eager to learn any skills the therapist can teach me.....	1	2	3	4	5
29. I sometimes fail to keep all of my promises.....	1	2	3	4	5
30. I am sure that I can get to my appointments on time.....	1	2	3	4	5
31. I have a lot to do with the fact that there is a problem with my child's behavior.	1	2	3	4	5
32. I never get mad at others.....	1	2	3	4	5
33. I want to change the way I discipline my child.....	1	2	3	4	5
34. I'm sure I can use new parenting techniques at home.....	1	2	3	4	5
35. People sometimes take advantage of me.....	1	2	3	4	5
36. I don't really need to change my parenting.....	1	2	3	4	5
37. Spare the rod and spoil the child.....	1	2	3	4	5
38. I never listen to gossip.....	1	2	3	4	5
39. I'm sure I can learn to manage my child's behavior.....	1	2	3	4	5
40. I sometimes say bad words.....	1	2	3	4	5
41. I think that I can learn to be a better parent.....	1	2	3	4	5
42. I don't think my parenting is a problem.....	1	2	3	4	5
43. I never do anything that is bad for my health.....	1	2	3	4	5
44. It's time to change the way my child and I get along.....	1	2	3	4	5

45. If things don't change, my child's future could be hurt.....	1	2	3	4	5
46. I am always happy with what I have.....	1	2	3	4	5
47. Things with my child's behavior have to change very soon.....	1	2	3	4	5
48. Other people think I need to change how I am as a parent, but I don't think so.	1	2	3	4	5
49. The only way my child will ever behave is if I spank him or her.....	1	2	3	4	5
50. It's very important that my child and/or I get help.....	1	2	3	4	5
51. I would rather try to live with my faults as a parent than try to change them...	1	2	3	4	5
52. I never raise my voice in anger.....	1	2	3	4	5
53. I sometimes act silly.....	1	2	3	4	5
54. I am willing to do whatever it takes to be sure that we get help.....	1	2	3	4	5
55. I am certain that I can do positive things to help my child behave.....	1	2	3	4	5
56. I sometimes lose my temper.....	1	2	3	4	5
57. I always tell the truth.....	1	2	3	4	5
58. I have problems that are more important than my child's behavior right now....	1	2	3	4	5
59. It might be hard, but I'm ready to parent differently.....	1	2	3	4	5
60. I'd like to learn what will work to change my child's behavior.....	1	2	3	4	5
61. Spanking may work in the short run, but I worry that in the long run it teaches the wrong thing.....	1	2	3	4	5