Jam Making 101
New! Preserve fresh fruits through the process of jam making. This course teaches you the difference between jam and preserves, provides techniques on how to make both, and offers tips on how to individualize your jam to create your own signature taste. The class is held in a kitchen environment with ample fruits that are ripe for preservation. Because the preservation process involves boiling, cooking temperatures and very hot glass, it is necessary to learn about safety and sanitization. Upon completing this course, you'll understand how to make several varieties of preserved fruits that will last throughout the season. Each student will get to take home a sampling of each jam/preserve made during class.
Session 1: Peach/Raspberry: Thursday October 4th
Session 2: Strawberry/Blackberry: Tuesday Oct. 23rd
Session 3: Apple/Orange: Thursday December 6th
238 Spidle Hall 5:30 – 7:30 PM
Dr. Alyssa Ross $69

Traditional Ghanaian Cooking Series:
Black Eye Peas Stew with Fried Plantains
New! The world is indeed a global village and one of the best ways to navigate globalization is through food. Learn Ghanaian, West African dishes to keep the love and unity among us! This class exposes participants to various Ghanaian and other international cuisines that have parallels to southern foods. Stories behind ingredients and recipes will be presented alongside the cooking lessons. Ghanaian food is delicious, nutritious, healthy and easy to prepare. So, be open-minded and bring your large plastic storage container to take home your prepared Ghanaian food. See you there!
Thursday 238 Spidle Hall 5:00 – 7:00 PM
Dr. Elizabeth Essamuah-Quansah $79

Flower Lab: A Basic Flower Design Workshop
New! In this hands-on class, you will learn how to create a beautiful centerpiece and industry tips and tricks for working with flowers and greenery. All supplies will be provided.
Tuesday October 16th
Holy Trinity Episcopal Church 5:30 – 7:30 PM
Rebecca Nichols $99

Shortcuts to Healthy Living: Diet and Wellness for the Working Professional
New! We all know that we should pay more attention to our health and diet, but who has time for that with all the other responsibilities life throws at us? This class will teach you how to care for mental and physical health without requiring you to turn your life upside down. Need to lose weight, want to have more energy, or reduce chronic pain? This short course is perfect for you.
Thursday November 8th
2237 Haley Center 6:00 PM – 7:15 PM
TJ Nguyen $39

Introduction to Machine Learning and A.I. 101
New! Discover Machine Learning and Artificial Intelligence from a non-technical perspective. Begin by introducing the basic machine learning concepts without using a computer and then move to simple, hands-on computer examples to show how machines are taught to think. Explore compelling examples of how machines learn and give us answers. No programming required to attend - it will all be done for you.
Thursday October 4th
014 Lowder Hall 5:30 – 7:30 PM
James Locke $0

Applications of Machine Learning and A.I. 101
New! The highlights of the course will be exploring some of the very compelling ways ML and AI are being used to solve wildly complex problems, to diagnose illnesses before they’re actually illnesses, to create artistry and to predict how we would handle mundane daily tasks and do some of those for us, participants will use their own laptops to engage in ML exercises-without programming-to gain knowledge and confidence in applying the available ML and AI tools to their own work and interests.
Saturday December 8th
2237 Haley Center 9:00 AM – 5:30 PM
Cynthia Golden Frasier $79

Personal Branding for Professionals
Eloise Stewart, owner of eloise design co., leads this online course designed to assist professionals of any industry background in discovering who they are as a professional; communicating their experience; and marketing their skills and strengths through a resume, cover letter, and online profiles.
Sept. 4 - Oct. 2  |  Oct. 2 - Oct. 30
Nov. 1 - Nov. 29  |  Dec. 3 - Dec. 31
REGISTER ONLINE: Aub.ie/personalbranding

Team Building
ON THE AU CHALLENGE COURSE
SIGN UP TODAY
auburn.edu/ropes | auchlg@auburn.edu | 334.321.1603

Traditional Korean Cooking
New! Are you fascinated by food, especially Korean food, and wish to know how to make it? This class introduces basic ingredients and cooking skills needed to make Korean dishes. Learn to make three popular dishes that are easy to make and rich in nutrition from simple and straightforward recipes. Three dishes that will be prepared are: Bulgogi (marinated sliced beef with vegetables); Bibimbap (steamed rice topped with seasoned vegetables, meat and spicy red pepper sauce); Japchae (stir fried sweet potato noodles with vegetables and meats).
Thursday November 15th
238 Spidle Hall 5:00 – 7:00 PM
Youngeun Kim $79

Basic Drawing and Painting for Adults
New! The foundation of a good painting is a good drawing. In this fun, one-day workshop, Brenda combines the best of her drawing and painting classes into a simultaneous study of both. The focus will be on line, basic shapes, composition, shading for a three dimensional effect, color study, and controlling the paint. In the course of rendering a simple landscape you will learn all of these things and more.
Saturday November 10th
126 Biggin Hall 9:30 AM – 4:00 PM
Brenda Stevens $79

Sketching Downtown: Auburn Historical Landmarks
New! Auburn is a town that is changing and evolving right before our eyes. You will travel to an iconic location (announced before class) - such as Toomer’s Corner, Samford Hall or Jordan-Hare Stadium to create a rendering of your favorite landmark. Don’t miss out on this great chance to conceptualize the history of this town in a black and white sketch.
Saturday December 8th
126 Biggin Hall 8:30 AM – 12:30 PM
Cynthia Golden Frasier $79

Auburn University is an equal opportunity educational institution/employer.
PROFESSIONAL CAREER AND TEST PREPARATION CERTIFICATE COURSES

TEST PREPARATION/ MEDICAL/DENTAL CAREER PREPARATION

ACT Blitz
These ACT preparation courses, whether you choose the 16-hour Live-Online ACT Blitz Preparation Course or the traditional classroom format delivered by an expert instructor, will provide students with all the interactivity of a face-to-face classroom experience. This class is designed to provide you with the skills necessary to succeed on the ACT. Live lessons give you the opportunity to participate in class discussions and learning exercises. As an added feature of the online class, each session is recorded so that you can watch and review lessons on your own time (access available 30 days after course end date). Instruction will cover all math and verbal skills needed for success on the ACT exam. Class sessions use actual test questions to show just how skills are tested on the ACT. The online class is offered online using Adobe Connect software. All you need is a high-speed internet connection, speakers or head phones and Adobe Flash Player, which can be downloaded for free. Course materials will be delivered to your home or classroom. We recommend early registration as seats are limited for the classroom class to ensure proper one on one instructional time with each student.

ACT Blitz (Classroom)
Sundays
111 Lowder Hall
September 23rd to October 14th
1:00 – 5:00 PM
Educational Testing Consultants
ACT Blitz (Online, two options)
$499

Tuesdays and Thursdays
September 27th to October 23rd
6:00 – 8:00 PM
Educational Testing Consultants
$499

GRE Test Preparation Courses (Online and Classroom)
Seeking a graduate degree? The GRE revised General Test measures critical thinking, analytical writing, verbal reasoning, and quantitative reasoning skills that have been acquired over a long period of time and that are not related to any specific field of study. The GRE is required for a large variety of master’s degree and doctoral degree programs.

Monday and Wednesdays
September 26th to October 23rd
6:00 – 9:00 PM
Educational Testing Consultants
$849

GMAT Test Preparation Courses (Online only)
Considering an MBA? Let us help you get into the program of your choice. The GMAT is the preferred exam for many top-ranking full-time and part-time MBA programs. Our professional instructors will help you understand each section of the GMAT, dissect each item type, and develop a comprehensive plan for test success.

Educational Testing Consultants
$849

Please visit Aub.ie/testprep for a full listing of online class dates, times and free strategy workshops! Save $50 off a test prep course by attending any free online or classroom workshop

LSAT Test Preparation Courses (Online and Classroom)
The LSAT is a paper-based standardized exam that is administered four times per year. Our LSAT Prep Courses are securely scheduled to make sure students reach test day performing at their peak. Take the mystery out of the LSAT and get the tools you need to succeed on test day!

Tuesdays and Thursdays
October 4th to November 6th
111 Lowder Hall
6:00 – 9:00 PM
Educational Testing Consultants
$899

Please visit Aub.ie/testprep for a full listing of online class dates, times and free strategy workshops! Save $50 off a test prep course by attending any free online or classroom workshop

Clinical Medical Assistant Program
This program prepares students to assist physicians by performing some clinical functions of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, pharmacology, and dealing with stress and ethical issues. Technical aspects of phlebotomy, the 12-lead EKG and the cardiac life cycle. Program also includes an optional clinical externship at a local healthcare provider.

Tuesdays, Thursdays and (5) Saturdays
Haley Center, TBA
October 2nd and November 3rd
9:00 – 4:00 PM
Condensed Curriculum International
$2,599

Dental Assisting Program
This course prepares students for entry level positions as a chair-side dental assistant. The history of dentistry, introduction to the dental office, the legal aspects of dentistry, oral anatomy, dental operatory, tooth structures, primary and permanent teeth, the oral cavity, and other areas will be covered. A clinical externship at a local healthcare provider is offered.

Mondays and Wednesdays
Haley Center, TBA
October 8th to December 7th
6:00 – 9:00 PM
Condensed Curriculum International
$1,199

Medical Billing and Coding Program
This billing and coding program delivers the skills students need to solve insurance billing and coding problems. It details proper assignment of codes and the process to file claims for reimbursement. With the transition to ICD-10 effective as of October 1, 2015, this course also provides training in ICD-10-CC.

Mondays, Wednesdays and (2) Saturdays
Haley Center, TBA
September 26th to December 5th
Times Vary
Condensed Curriculum International
$1,899

Free!

GRE Strategy Workshop
Join us for an informative introduction to the revised GRE. If you are preparing for graduate school, you know that success on the GRE exam will play a critical role in your acceptance into the program of your choice. You want to study with the best. Come meet with our experienced instructor to learn about the test and pick up a few tricks. We know you’ll get a lot out of this free session. Due to limited space, pre-registration is encouraged.

LSAT Strategy Workshop
Join us for an informative introduction to the LSAT. If you are preparing for law school, you know that success on the LSAT exam will play a critical role in your acceptance into the program of your choice. You want to study with the best. Come meet with our experienced instructor to learn about the test and pick up a few tricks.

Visit Aub.ie/testprep to sign-up!

LEGAL/CAREER PREPARATION

Paralegal Certificate Course
This intensive, nationally acclaimed program is designed for beginner and advanced legal workers. Training includes instruction on how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law and assist in preparing cases for courtroom litigation. Instruction is practice-oriented and relates to those areas of the law in which paralegals are most in demand. There are no prerequisites other than a high school diploma or GED, but students must be prepared to complete a significant amount of homework each week. This program can help students increase their office’s efficiency, productivity and billable hours, as well as learn new marketable job skills.

Sundays
September 9th to December 2nd
328 O.D. Smith Hall
9:00 AM – 5:00 PM
Center for Legal Studies
$1,289

Personal Branding for Professionals
New! Personal Branding for Professionals is a 5-module online course designed to assist professionals of any industry or background in discovering who they are as a professional; communicating their experience and skill set; and marketing their abilities experience, skills, and strengths through a resume, cover letter and online profiles.

Boise Stewart
Online
September 4th to December 31st
$499

Graphic Design: Up and Running on Photoshop CC
New! In this online, hands-on course, we will work through examples of real-world creative challenges you will encounter as you learn to master Adobe Photoshop CC. Using the Creative Cloud, we will start from the basics and work up to more challenging and exciting techniques. You’ll learn about adjusting colors, masking, retouching, and manipulating images. As a graphic designer, you will learn what it takes to work efficiently and effectively, gaining the skills needed to add Photoshop into your creative toolkit.

Tonya Wright
Online
October 1st to October 26th
$299

Graphic Design: Mastering Adobe Illustrator
New! Adobe Illustrator is the designer’s essential tool for creating vector logos, professional type effects, maps. Diagrams, illustrations and more. Understand the unique features of Illustrator, the difference between vector and raster graphics and how to create complex graphics with simple components and selection tools. Learn lines and shapes, using the live trace, type basics, gradients, using layers, transparency and exporting images to EPS and PDF, and discover high quality drawing and digital illustration.

Tonya Wright
Online
October 29th to November 30th
$299

Emotional Intelligence for Professionals
New! Discuss the value of emotional intelligence in the workplace, and learn how to communicate, express, and recognize emotions. This course includes instruction on recognizing emotions, understanding others’ emotions, and understanding the neuroscience of emotional intelligence and the impact on behavior.

Boise Stewart
Online
September 4th to December 31st
$299

Paralegal Certificate Course
New! A comprehensive, 9-module online course designed for beginning and advanced legal workers. Instruction includes instruction on how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law and assist in preparing cases for courtroom litigation. Instruction is practice-oriented and relates to those areas of the law in which paralegals are most in demand. There are no prerequisites other than a high school diploma or GED, but students must be prepared to complete a significant amount of homework each week. This program can help students increase their office’s efficiency, productivity and billable hours, as well as learn new marketable job skills.

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Tonya Wright
Online
October 29th to November 30th
$299

Follow us! @AUCmtyCourses

REGISTER NOW! auburn.edu/cconline 334-844-5100
**LANGUAGE COURSES**

**American Sign Language I**
Begin signing in a conversational way in this introductory course to American Sign Language (ASL). Discover the ASL alphabet, numbers, people, places, and everyday vocabulary related to emotions, foods, colors, time and calendars. Participants will learn sentence structure and techniques required to comfortably express and receive messages in American Sign Language.

**Tuesdays**
August 28th to October 2nd
328 O.D. Smith Hall
5:30 PM – 7:30 PM
Benje Estes
$89

**American Sign Language II**
This follow-up course to ASL Level I is designed to cover more advanced conversation skills. Students will be encouraged to communicate in a more abstract way, consider the environment outside of the classroom and master a higher level of signing by describing both past and present events.

**Tuesdays**
October 9th to November 13th
328 O.D. Smith Hall
5:30 PM – 7:30 PM
Benje Estes
$79

**Basic Conversational Spanish**
Gain an introductory knowledge of the Spanish language by learning basic vocabulary, pronunciation, verb tense and sentence structure. Use everyday words and phrases to begin conversing in the language spoken by millions of people around the world. The class includes basic listening, writing and speaking activities and uses basic technology to help enhance your learning. Course instructor David Gregory has taught Spanish for 11 years.

**Thursdays**
October 18th to November 8th
328 O.D. Smith Hall
5:30 PM – 8:00 PM
David Gregory
$79

**Intermediate Conversational Spanish**
This course will build upon lessons and concepts learned in Basic Conversational Spanish. You will learn intermediate concepts in Spanish and strategies for enhancing your conversational abilities. The class will include intermediate listening, writing and speaking activities. Basic technology will be used to enhance your learning.

**Thursdays**
November 15th to December 13th
2237 Haley Center
5:30 PM – 8:30 PM
David Gregory
$69

**Mommy and Me Spanish**
In this play-based class pre-school aged children are exposed to the Spanish Language. Parents and children will begin to learn common vocabulary and phrases. Sing songs and read familiar children stories in Spanish. Children will play games that teach things like animal names, sounds, colors, numbers, action words and occasionally a simple craft. The class is geared toward 3 to 5-year-olds, but younger and older kids are welcomed to attend at the discretion of the patent/guardian. Parents must attend and be present with their child or children at all times.

**Sundays**
September 23rd to November 11th
3133 Draughon Library
2:00 – 2:45 PM
Karen Chynoweth
$59

**Basic Floral Design**
Discover the basics of flower arranging for your home, gift giving and special events. Learn the elements of design, container and material choices to help when shopping for flowers. Master the mechanics of using floral foam, tape, wire and picks for your own floral design needs. Gain money-saving tips for flower choices, care and cutting.

**Tuesdays**
September 25th to October 16th
160 Funchess Hall
6:00 – 8:00 PM
Ginger Purvis
$69

**Beginning and Intermediate Acrylic Painting**
Create lovely works of art as you navigate the basics of color theory, composition and design. Discover the joy of working with acrylics as you explore various mixing and application techniques. Work from a still-life or your imagination. Beginners to intermediate will gain dexterity in brush work and paint application. No matter your ability you’ll push this medium to its limits and experience the fun, ease and lack of boundaries this course offers. Materials required.

**Saturday**
October 20th
126 Biggin Hall
Cynthia Golden Frasier
$89

**Novel Writing**
Join a constructive, fun-filled forum that will stimulate creativity. The class is taught by a published novelist and award-winning author. Organize that great novel that has been floating around in your head and put it on paper. Learn about plot, style, mechanics, and other essentials. Peer critique and encouragement are wonderful features of the class.

**Mondays**
October 15th to December 3rd
328 O.D. Smith Hall
6:00 – 8:00 PM
Larry Williamson
$79

**Photography: Basic Digital**
Use your digital camera like a pro and forever transform your photos. This introductory course teaches basic camera operation, fundamentals of exposure and composition. Understand how to use correct camera settings for the best results. The only requirement is a digital SLR camera with changeable lenses. Classroom instruction is designed for adults and includes a field trip.

**Thursdays**
September 26th to November 15th
328 O.D. Smith Hall
6:30 – 8:30 PM
John Rhodenizer
$89

**Write a Short Story**
Turn your dream of becoming a freelance fiction writer into a reality. Are you an aspiring writer who does not know how to get started? Here is a roadmap to show you, step-by-step, how to find ideas, edit, market and publish. The instructor has been publishing short stories for forty years, has won a number of short story contests and writes a weekly newspaper column.

**Mondays**
September 10th to October 25th
328 O.D. Smith Hall
6:00 – 8:00 PM
Mary Belk
$69

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**CREATIVE ARTS**

**Pine Needle Basketry Workshop**
Would you like to be able to serve homemade rolls in your own handmade basket? You will start with a wooden bottom and pine needles, and end up with a basket of your own design. The method taught in this class is the fastest way to complete a basket with beautiful results. A supply list, consisting of items you may already have, will be sent to you once you register for the class. A bundle of pine needles and wooden bottom will be available from the instructor.

**Saturday**
December 8th
328 O.D. Smith Hall
9:00 AM – 2:30 PM
Talitha Norris
$49

**Pottery Techniques and Skills**
Become familiar with a variety of pottery techniques. Learn to throw clay and create functional pottery. Clay and firing costs are included in the course fee. Students should bring a one-gallon bucket and a packet of clay tools to the first class meeting (tools may be purchased at most bookstores in Auburn for about $15).

**Tuesdays and Thursdays**
September 25th to October 25th
3-D Arts Studio
6:30 – 8:30 PM
Po Wiese
$169

**Pragmatic Tea Practices for Productivity**
Tea has been used for thousands of years as a beverage, medicine, and status symbol. This course will discuss the use of tea as a productivity tool and the benefits it has over coffee and other stimulants. Learn how to boost your cognitive functions by mixing different types of tea, how to quickly prepare your tea in the office or when you’re traveling, and more. All participants will receive a tea goody bag including sample tea blends available nowhere else.

**Thursday**
December 6th
328 O.D. Smith Hall
6:00 – 7:15 PM
TJ Nguyen
$39

**Watercolor Crash Courses**
This half-day workshop requires no drawing or painting skills. Led by an experienced watercolorist, you’ll get to work mixing colors and applying basic watercolor techniques on an original drawing created for you. In just a few hours you will create your very own painting to take home. You can expect plenty of individual attention and instructor-led demonstrations that will walk you step-by-step through the entire painting process. You will be amazed what you can accomplish!

**Subject: Silver Maple**
October 6th
328 O.D. Smith Hall
9:00 AM – 3:00 PM
Brenda Stevens
$69

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**Request a Course!**

Don’t see a course here that you would like us to offer? Let us know! Please contact Mark Lipscomb (mark.lipscomb@auburn.edu or 334-844-3100) to request a course or recommend an instructor.

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**Follow us!** @AUCmttyCourses

**REGISTER NOW!** auburn.edu/cconline

**334-844-5100**
PERSONAL ENRICHMENT

Basic Handgun Safety
Learn the rules of safe gun handling/shooting; fundamentals of marksmanship; and laws pertaining to ownership, transportation, and use of handguns facilitated by the Lee County Sheriff’s Office. You must bring proof that you are at least 21 years of age. *Fee covers hearing protection, eye protection and range costs. If you are considering a firearm purchase, information on permits will be provided. If you already have a firearm, please bring permit. You do not need a gun or permit to take this class.

Tuesday, Thursday, Saturday  October 16th to 20th
Lee County Sheriff’s Office  6:30 – 8:30 PM
$89

Belly Dance Basics
In this beginner-level course, we will break down the foundational moves of Middle Eastern dance and learn to string them together with graceful transitions to create fun, dynamic combinations. From slow, gooey torso moves to sharp hip accents and crouching steps, this class will have you dancing in no time.

August 29th to October 26th
Rising Starsz Performing Arts Center  6:30 – 7:30 PM
Jennifer Mason  $59

Cyber Security Basics
New! Cyber threats to our personal and professional computing habits are everywhere today and constantly evolving, but you don’t have to be hopeless. There are actions you can take today that will block most cyber-crooks from wreaking havoc on your identity and your finances, and you don’t need to be a technology expert to do so. This workshop will teach you the 10 major identity theft threats you face and the actions you can take to stay safe including: 4 ways to protect your wireless network from hackers, the 10 second email rule that will stop phishers in their tracks, and the one thing all security experts do to maintain a safe and secure online experience.

Thursday  October 11th
328 O.D. Smith Hall
Fred Middleton  $49

Dancing: East Coast Swing
Originally called the ballroom triple swing, this dance is a high energy, fast moving dance with lots of spins and turns - all in colorful interactive patterns. It is the most danced of any dances at all social dances. The East Coast Swing almost always stimulates a little finger snapping, hand clapping and toe tapping action.

Mondays  October 29th to November 26th
Rising Starsz Performing Arts Center  8:00 – 9:00 PM
Cody Foote  $99

Dancing: Waltz and Cha-Cha
The Waltz is everybody’s favorite “slow” and romantic dance. Done in three-quarter time, this dance provides for easy turns and movement in box and progressive patterns. This is a favorite dance at weddings, special events and at regular social dances. Cha-Cha is one of the spiciest of the Latin dances. The structure of the dance allows great freedom in body motion i.e.-Latin motion, and color and flair in turns and spins. It is one of the favorite “four” at social dances.

Mondays  September 24th to October 22nd
Rising Starsz Performing Arts Center  7:00 – 8:00 PM
Cody Foote  $99

Dancing: Foxtrot and Rumba
The Foxtrot is one of the smoothest of the American smooth dances. Upright posture and flowing patterns makes this dance perfect for smooth ballads at modest speed music. This dance is consistently danced at social dances. The Rumba, while a Latin dance, is smooth and slow, but with Latin motion. Basic structure is a box, similar to waltz, but the contrast of the snap quick fast body movements with the stretch going out of the slow body movements, make this fun to do and fun to watch.

Mondays  September 24th to October 22nd
Rising Starsz Performing Arts Center  7:00 – 8:00 PM
Cody Foote  $99

Cyber Security Basics
New! Cyber threats to our personal and professional computing habits are everywhere today and constantly evolving, but you don’t have to be hopeless. There are actions you can take today that will block most cyber-crooks from wreaking havoc on your identity and your finances, and you don’t need to be a technology expert to do so. This workshop will teach you the 10 major identity theft threats you face and the actions you can take to stay safe including: 4 ways to protect your wireless network from hackers, the 10 second email rule that will stop phishers in their tracks, and the one thing all security experts do to maintain a safe and secure online experience.

Thursday  October 11th
328 O.D. Smith Hall
Fred Middleton  $49

Fly Fishing
Fly fishing is perhaps the most intriguing segment of sport angling. Explore fly fishing for local warm water species, stream and river cold water species and salt water. Practice fly selection, knot tying, fly casting, fish finding, fly presentation and fish fighting. Acquire new skills in the classroom and apply them on the water during the last class. Students 13 years of age and older are welcome (ages 18 and under must be accompanied by a parent). Course is led by a professional fly fishing guide/instructor who is a Federation of Fly Fishers Certified Casting Instructor. Materials provided.

Tuesday, Thursday, Saturday September 11th to 15th
160 Funchess Hall
Paul Hudson $69

Herbs: Culinary, Medicinal, Wild and Wonderful
This course will discuss various domestic and wild herbs and wild herbs and common preparation techniques. Culinary and medicinal uses will be explored with examples and class demonstrations.

Wednesday  December 12th
328 O.D. Smith Hall
Talitha Norris  $39

Investment Basics for Today’s Economy
New! This course is designed to introduce the novice and the experienced investor to investment vehicles and their relation to market indices and the economy. The instructor will start with the basics, covering specific types of investments commonly used, how they work, and the pros/cons of using each. Additionally, both the logical and emotional aspects of investing will be discussed along with ways to avoid common investment mistakes. All phases of investing - from accumulation to distribution - will be covered.

Tuesday  November 6th
154 Lowder Hall
Allen Taylor  $39

Investments: Beyond the Basics
New! This course is designed to pick up where Investment Basics left off. Students will take a more in-depth look at stocks, bonds, mutual funds, and derivative investments, vehicles and how they work. Novice and experienced investors can gain a more comprehensive understanding of how to utilize these various investments within their portfolios and how they are impacted by market indices and the economy. During the course, the instructor will discuss how to judge and grade an investment with the appropriate index and how to build a quality, balanced portfolio that reflects an individual’s risk tolerance and expected level of return. Analyzing and evaluating existing portfolios will also be covered.

Thursday  November 8th
154 Lowder Hall
Allen Taylor  $39

Savvy Social Security and Medicare Planning
New! Medicare can be challenging and its choices today have become even more complicated. Deciding how to receive your Medicare benefits will change your overall health insurance portfolio, giving you more complex choices to make. Making sense of Medicare and its parts is the first step. This course will help you decipher the Medicare alphabet. Discuss what is covered under Medicare Part A and Part B; know the difference between Medicare Part C and Medicare Supplements; and be able to confidently choose how you receive your Medicare benefits. This course is intended for educational purposes. Student materials included. Bring your spouse at no additional charge.

Saturday  October 6th
328 O.D. Smith Hall  10:00 AM – 12:00 PM
Fred Middleton  $39

Water Aerobics (Low-Impact Conditioning)
Shallow water or deep water workout! This program is good for the aerobic enthusiast or for those beginning a water re habilitation regimen. Floatation equipment is available for participation in deep water. Non-swimmers are welcome and should find that they are quite confident with floatation equipment.

Water Workout 1
Monday, Wednesday, Friday  September 5th to December 19th
James Martin Aquatics Center  7:45 – 8:45 AM
Margaret Plott  $179

Water Workout 2
Tuesdays and Thursdays  September 4th to December 18th
James Martin Aquatics Center  7:45 – 8:45 AM
Sandra Lane  $129