Evaluating Best Practices in Schools

a. Focus on the social environment of the school by changing social climate and social norms regarding bullying.
   ![Diagram](1)
   
   Low → 2 → 3 → 4 → 5
   High

b. Assess bullying at your school by estimating the nature and prevalence of bullying.
   ![Diagram](2)
   
   Low → 2 → 3 → 4 → 5
   High

c. Obtain staff and parent buy-in and support for bullying prevention.
   ![Diagram](3)
   
   Low → 2 → 3 → 4 → 5
   High

d. Form a representative group to coordinate the school's bullying prevention activities.
   ![Diagram](4)
   
   Low → 2 → 3 → 4 → 5
   High

e. Provide training for faculty, staff and administrators at a school in understanding the nature of bullying and its effects, how to respond if they observe bullying, and how to work with others to prevent bullying.
   ![Diagram](5)
   
   Low → 2 → 3 → 4 → 5
   High

f. Establish and enforce simple, clear school rules and policies related to bullying to ensure that students are aware of adults' expectations that they not bully others and that they help students who are bullied.
   ![Diagram](6)
   
   Low → 2 → 3 → 4 → 5
   High

g. Increase adult supervision in "hot spots" for bullying.
   ![Diagram](7)
   
   Low → 2 → 3 → 4 → 5
   High
h. Intervene consistently and appropriately when you see bullying with on-the-spot intervention strategies.

1 → 2 → 3 → 4 → 5
Low → High

i. Devote a regular period of class time to discuss bullying prevention and improve peer relations. Anti-bullying messages also can be incorporated throughout the school curriculum.

1 → 2 → 3 → 4 → 5
Low → High

j. Bullying prevention should be continued over time and woven into the fabric of the school environment. There should be no end date for bullying prevention activities.

1 → 2 → 3 → 4 → 5
Low → High

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