The Confessions of a Teenage Bully

IS THIS MY FUTURE?
ONE MOMENT!
ONE SECOND!
ONE TIME!
NEGATIVE WORDS ARE LIKE THE DIRT

LOSER
STUPID
DUMB
FAG
SLUT
PUNK
QUEER
FAT
PIG
STINKY
POSITIVE WORDS ARE LIKE THE WATER

SMART
PRETTY
INTELLIGENT
CREATIVE
INNOVATIVE
PERFECT SIZE
DIFFERENT
UNIQUE
GAMECHANGER
FLY/HIP/COOL
CRAZY COOL
Five I’S

• INVEST
• INFLUENCE
• IMPACT
• INSPIRE
• IMPLEMENT
WORDS

 WHETHER NEGATIVE OR POSITIVE CAN CREATE AN ATMOSPHERE AND A CLIMATE WHICH ULTIMATELY CREATES THE CULTURE.
3 T’S
TALKING TEXTING TWEETING

• TONE
• TEMPERAMENT
• TIMING
What Do You See?
What Do You See?

• When we change the way we look at things, the things we look at will begin to change!
SUNSHINE ON A CLOUDY DAY
“It Takes a Village”
Some Key Difference Between Bullying and Conflicts 
Based on the Works by Dan Olweus, 1993

<table>
<thead>
<tr>
<th>Normal Conflict</th>
<th>Bullying Behaviors</th>
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</thead>
<tbody>
<tr>
<td>Occasional</td>
<td>Is repeated</td>
</tr>
<tr>
<td>Not preplanned, In the Heat of the Moment</td>
<td>Premeditated, on purpose, intentional, planned</td>
</tr>
<tr>
<td>Genuine upset to both parties</td>
<td>Person being bullied is more upset</td>
</tr>
<tr>
<td>Trying to work things out</td>
<td>Trying to be the one in control</td>
</tr>
<tr>
<td>Not trying to take something from someone</td>
<td>Want to take power or possession from someone.</td>
</tr>
<tr>
<td>Both parties admit to responsibility</td>
<td>Blamed is placed on the person being bullied</td>
</tr>
<tr>
<td>Efforts to solve the problem by both parties</td>
<td>No effort to solve the problem by the person being bullying</td>
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Students who are confronted about their bullying behaviors often fall back on excuses such as “I was just teasing or “it’s not my fault they can’t take a joke”. It’s important to understand that there is a great difference between joking, teasing and bullying.
WHY

Bullying takes many Forms:

- Physical violence
- Verbal taunts, name-calling, and put-downs
- Threats and intimidation
- Spreading rumors, stealing or taking of possessions
- Harassment via technology (email, text messaging, etc.)
TRADITIONAL BULLYING
What Do You See?
What is your piece to the puzzle when it comes to Bully Prevention and Intervention?

- Area of Expertise
- Gifts
- Talents
- Abilities
They Don’t Care How Much You Know Until They Know How Much You Care!
Parent
Teacher
Principal
Student
Law Enforcement
Community Leaders
Administrators
Policy Makers
?

The image illustrates a puzzle with various roles and stakeholders in an educational setting, such as parents, teachers, principals, students, law enforcement, community leaders, administrators, and policy makers. The central puzzle piece is labeled with a question mark, suggesting the need for involvement of all these stakeholders for a comprehensive approach.
Every piece to the puzzle is different and every piece must be connected to make the picture complete.
• Personal Attitudes/Behaviors
Children who bully may:
  Want power
  Have a positive attitude toward violence
  Have a quick temper
  Have difficulty conforming to rules
  Gain satisfaction from inflicting injury and perceive
  “rewards” (prestige, material goods) from their
  behaviors
  Have positive self images
Leadership is the capacity to influence others through inspiration, motivated by passion, generated by a vision, produced by conviction, and ignited by a purpose!
Points to Remember

- Invest, Influence, Impact, Inspire & Implement
- Attack the Behavior not the person
- Understand your piece to the puzzle
- Have Sunshine on a Cloudy Day
- Be a Hero Take a Stand
What can we do?

- Help young people build skills for dealing with bullying
- Help young people develop positive social skills
- Supervise children on the playground, in the hallways, etc.
- Take immediate action when bullying is witnessed or reported
What can Teachers Do

- Stop the bullying
- Support the child being bullied
- Name the bullying behavior
- Refer to the rules against bullying
- Impose immediate and appropriate consequences
- Empower children witnessing the bullying
F.A.B.B.
“Friends Against Bullying Behaviors”

They said I hope she sees this and kills herself.

A Positive Epidemic
BE A HERO

TAKE A STAND

Bullying Prevention & Intervention Project

OLE PETE KEY • ANTHONY BROOKS

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