Bachelor of Science in Fitness, Conditioning & Performance

**COURSE SELECTION**

- **FRESHMAN**
  - Meet with your academic advisor each semester to discuss career goals and create a plan for completing graduation requirements
  - Take BIOL 1020/1021 & BIOL 1030/1031

- **SOPHOMORE**
  - Meet with your academic advisor to discuss career goals
  - Take BIOL 2500 and BIOL 2510

- **JUNIOR**
  - Meet with your academic advisor to discuss career goals and whether you are a competitive applicant for graduate school

- **SENIOR**
  - Complete pre-requisites coursework for graduate school

**ASK FOR ASSISTANCE**

- Check in each term with your academic advisor in the School of Kinesiology to discuss your progress and available support services

**GAIN EXPERIENCE**

- Consider what you want to do for your internship
- Use Tiger Recruiting Link (TRL) to explore employers actively hiring in your field and search part-time jobs that can add experience to your resume (jobs.auburn.edu)
- Continue to meet regularly with your academic advisor
- Investigate Academic Support for free resources to improve performance including Study Partners, Supplemental Instruction and Academic Coaching (auburn.edu/academicsupport)

**GET INVOLVED**

- Utilize AUInvolve (auburn.edu/auinvolve) to identify organizations of interest to attend meetings and enhance your resume
- Pursue leadership roles in the student organizations in which you participate
- Develop relationships with faculty so you can participate in undergraduate research opportunities
- Connect with AU alumni and stakeholders to enhance professional opportunities

**Tiger Recruiting Link**

[jobs.auburn.edu](jobs.auburn.edu)

**CAREER PLANNING**

**Auburn University Career Center**

303 Mary Martin Hall | auburn.edu/career

The fitness, conditioning, and performance program provides a solid foundation for students interested in sport and exercise/fitness. Graduates are eligible to apply for graduate programs in Kinesiology or entry-level opportunities upon program completion.

**PERSONAL TRAINING**

- **Minimum Education:** B.S.
- **Entry Level Salary Range:** $19K - $64K

These are just three options out of many that fitness, conditioning, & performance majors pursue. For more career options be sure to check out “What Can I Do With a Major In...” on auburn.edu/career.

**ATHLETIC TRAINER**

- **Minimum Education:** M.S.
- **Entry Level Salary Range:** $31.3K - $39.8K

**STRENGTH & CONDITIONING COACH**

- **Minimum Education:** B.S.
- **Entry Level Salary Range:** $31.0K - $39.6K

Updated: March 14, 2016