

Flyers Meeting 1/22/2008

1. Saturday rides will be at 9 AM when we don't have a race weekend. If you want to get more mileage earlier then feel free to do so, but the majority ruled on meeting at 9 AM.
2. We will have a group going to Pine Mountain on Sundays if anybody is interested. This is a good opportunity to get in some extra hill work close by considering we have some climbing intensive races at the beginning of the season.
3. We will meet every week during race season. If you are going to Florida then we will have a meeting next Tuesday @ 7:15.
4. If you are going to race we need to have notice the week BEFORE so we can book hotels and make travel arrangements. Finding a good hotel at a reasonable rate takes planning.
5. All entry fees and hotels are coming out of pocket this year.
6. Everyone who is unable to come out and ride on the road because of a scheduling conflict with school or work,etc... keep up those long monotonous hours inside on the trainer or in spin class during the week. You're doing good work.
7. Emmie has kindly offered her Lake House for a weekend of fun on the bike in North Georgia if everything works out right with timing.
- 8 RENEW your USCF license and print out a copy of it so we can keep it for our records at races.
9. Keep an eye out for a new crit course.