

Auburn University
Administrative and Professional Assembly

Retreat Roundtable Wrap-Ups

June 27 2007

Compiled Comments

Childcare - Facilitated by David Hennessey

- Extremely needed
- It would be a value added resource for prospective employees and students
- The issue of childcare needs directly and /or indirectly affects every employee on campus

Safety and Security - Facilitated by Todd Storey

- Convenient parking or protected access to and from parking
- Improved accessibility for first responders
- Greater police or security personnel presence to serve as a deterrent
- Cost effective, easy to access, attractive methods to educate employees and students on safety/security topics
- External/internal?
- Surveillance video. Accessible over the web with secure log in.

Making A & P More Visible on Campus - Facilitated by John Folmar

- Spot in AU Daily providing concise reports on A & P Activities
- Increased participation on committees
- A & P place on Governance Committee
- Audience with Dr. Gogue - quarterly updates at his discretion

Health and Wellness - Facilitated by April Staton

- Ask the committee to look into what other universities have for employees.
- Need a place on the web where all the health info is in one place – like the link to the student act center, info on the walking trail, etc.
- Need to get information posted in units as well, since all employees do not have access to the web.
- What about a wellness calendar that could post all wellness events?
- Use AU Report for advertising.
- Get the campus walking trail marked off again and advertised better.
- Wellness programming ideas: how to pack a healthy brown bag lunch, how to pack a lunch to save money (like in January), consider a weight loss challenge between units on campus
- Consider different levels of commitment - like a “stadium level”, a “coliseum level”, etc and have rewards
- General idea of rewarding positive behaviors with regarding to lifestyle changes

Assembly, Roundtable Wrap-ups, continued

- Utilize units on campus and their students – nursing, pharmacy, health and human performance, etc.
- What about more involvement with the city and programs they offer?
- Important to have a program manager - Could a graduate student do this to start with?
- Suggestions for a wellness program with various topics during the year:
 - Jan- Healthy eating, eating at your desk to save money
 - Feb- Heart Health
 - Mar and April- a spring exercise program
 - May- How to prepare healthy meals at home (fresh veggies, etc)
 - June- Ergonomics- stretching, etc at your desk
 - July-Aug- indoor fitness program (many people slow down due to the heat)
 - Sept – Stress reduction, we all have to fight the masses of fall semester starting!
 - Oct and Nov – a fall exercise program- football theme- maybe collectively “walking” to one of the big away games (keeping up with miles you walk in your dept)
 - Dec- controlling your weight during the holidays
- Could a doctoral student manage this program?
- Could we track participation in the HR A-Train system?