

Eligible OTC Medications

Below is a list of over-the-counter (OTC) drugs that have been determined to be primarily for medical care and can be reimbursed when purchased in **reasonable quantities** without a medical practitioner's note; a list of OTC items that have been determined will not be reimbursed under any circumstances since they are toiletries or cosmetics or likely to be primarily for general health and well being; and dual purpose list that can be reimbursed if they are used for a medical purpose and must be accompanied by a medical practitioner's note stating that the person has a specific medical condition and that the OTC drug is recommended to treat it and that the treatment is not a cosmetic procedure. **All claims for reimbursement must be filed with an expense voucher and receipt with the name of the item and price.** The list is not all-inclusive.

Examples of Eligible Expenses

| | |
|--|---|
| Allergy Medicine | Motion Sickness Pills |
| Antacids | Nasal Sinus Sprays |
| Bactine | Nasal Strips |
| Band-Aids/Bandages | Nicotine Gum or patches for Stop-smoking Purposes |
| Anti-diarrhea Medicine | Pain Reliever |
| Bug Bite Medication | Pedialyte for Child's Dehydration |
| Calamine Lotion | Pregnancy Test Kits |
| Carpal Tunnel Wrist Supports | Products for Muscle Pain or Joint Pain, i.e., Ben Gay, Tiger Balm, etc. |
| Cold Medicines | Reading Glasses |
| Cold/Hot Packs for Injuries | Rubbing Alcohol |
| Condoms | Sinus Medications |
| Contact Lens Cleaning Solution | Sleeping Aids used to treat occasional insomnia |
| Cough Drops | Special Ointment or Cream for Sunburn |
| Diaper Rash Ointments | Spermicidal Foam |
| First Aid Cream | Thermometers (ear or mouth) |
| First Aid Kits | Throat Lozenges |
| Hemorrhoid Medication | Visine and other such eye products |
| Incontinence Supplies | Wart remover treatments |
| Laxatives | |
| Liquid Adhesive for Small Cuts | |
| Menstrual Cycle Products for pain and cramp relief | |

Ineligible Expenses

Chapstick
Face Cream, Moisteners
Medicated Shampoos and Soaps
One-A-Day Vitamins
Suntan Lotion
Toothpaste, Toothbrushes, Mouthwash, etc.

Dual Purpose – must be accompanied by a licensed medical practitioner's note stating specific medical condition

| | |
|--|--|
| Acne treatment (Retin A) – only to treat a specific medical condition such as acne vulgaris. | Orthopedic Shoes and Inserts (for orthopedic shoes, you can only be reimbursed for the extra cost over buying non-orthopedic shoes). |
| Dietary Supplements or Herbal Medicines to treat a specific medical condition in narrow circumstances. | OTC Hormone Therapy and treatment for menopause to treat symptoms such as hot flashes, night sweats, etc. |
| Fiber Supplements under narrow circumstances | Pills for persons who are Lactose Intolerant |
| Glucosamine/Chondroitin for arthritis or other medical condition | Prenatal Vitamins |
| | St John's Wort for Depression |
| | Sunscreen |
| | Vitamins & Minerals Physician recommended (calcium, iron, zinc, etc.) |
| | Weight-Loss Drugs to treat a specific disease (including obesity) |

Non-traditional healing treatments provided by licensed professionals may be eligible under certain circumstances. The treatments must be legal. The expenses are not reimbursable if the remedy is a food or substitute for food that the person would normally consume to meet nutritional requirements.