The purpose of this instruction is to aid the Naval Reserve Officers Training Corps (NROTC) student in becoming acquainted with the regulations, orders, policies, and instructions of the U.S. Navy, in general, and NROTC Unit Auburn University, in particular. In order to minimize the need to learn one set of regulations for NROTC Auburn and another for the fleet/FMF, every effort has been made to adopt Navy regulations without modification. As such, there may be instances where this instruction will refer to situations and equipment that do not seem to pertain to the Auburn University campus (e.g., saluting onboard ships and boat etiquette). Keep in mind that you may find yourself confronted with these situations and equipment while on summer cruise. Applicable sections of U.S. Navy Regulations, Uniform Regulations, and Standard Organization and Regulations of the U.S. Navy have been included in this instruction to minimize the need to search multiple documents.

For the purpose of brevity, "Midshipmen" refers to Scholarship and College Program Midshipmen except where otherwise specified. Additionally, Midshipmen, Officer Candidates, and Marine Enlisted Commissioning and Education (MECEP) students will at times be referred to as "NROTC students." "Unit" refers to the unit staff, Midshipmen, Officer Candidates, MECEPs, and Mariners.

All NROTC students are directed to familiarize themselves with the contents of this instruction and are held responsible for compliance with the regulations, orders, and policies contained herein.

As members of this unit and as Auburn University students, you are entering a new and busy phase of your life. There will be many times when you will wish that there were more than 24 hours in the day so that you might accomplish all your necessary studying and still participate in the other activities which are available to you. The majority of NROTC students who sever their connections with this unit do so because of academic deficiencies brought on partially by their failure to devote sufficient time to their studies. Therefore, before you become too deeply involved in social, athletic, or other extracurricular activities, make certain that your grades are up to standards. At the same time, you do need some diversion from your studies. Do not become such a recluse that you have no social life whatsoever.
You do not have to impress the staff with your speed in completing academic requirements. Neither do you have to impress your friends with number of parties attended.

Start well academically and socially, not fast!  
Speed kills in an academic/university environment!

Frequent reference to these regulations and compliance with their precepts will smooth the road to becoming an officer on the Navy/Marine Corps team.