

**AUBURN
UNIVERSITY**

The Orange and Blue

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Welcome to Auburn

Welcome to the Auburn Family and to your first semester of college! We hope you've had a great summer and are glad that you are here at Auburn.

The Orange and Blue newsletter will be emailed to freshmen throughout the academic year. The purpose of *The Orange and Blue* is to provide you with helpful information as you progress through your first year at Auburn. Again, welcome to the Auburn family. War Eagle!



Samford Hall

A Note from the SGA President



War Eagle, and welcome back to the Plains! I am very excited to have you as our newest addition to the Auburn family. Get ready for the greatest four years of your life - you could not have chosen a better place to spend your college career! As you become acquainted with your new home away from home I really encourage you to get plugged in and to get involved as soon as possible. There are so many opportunities for you to get involved. You can become part of the SGA by applying for Tiger Tuesdays or you can join any of our other 300 organizations on campus. I hope you will take the time to check out our website

at www.auburn.edu/sga to find out the best way for you to get plugged this year. The fall semester is going to bring many great changes to Auburn and to the student life experience. With the new student housing, the Toomer's Ten night transit, and the Textbook Reserve Program located in the library, student life at Auburn this fall is going to be great! I am so excited we are going to be part of it! Please remember to come by my office anytime you need anything at all. The SGA office is located on the third floor of the Student Center in Suite 3130. You can also e-mail me at dks0003@auburn.edu. I look forward to meeting all of you soon!

War Eagle and God Bless,
Kurt Sasser, SGA President

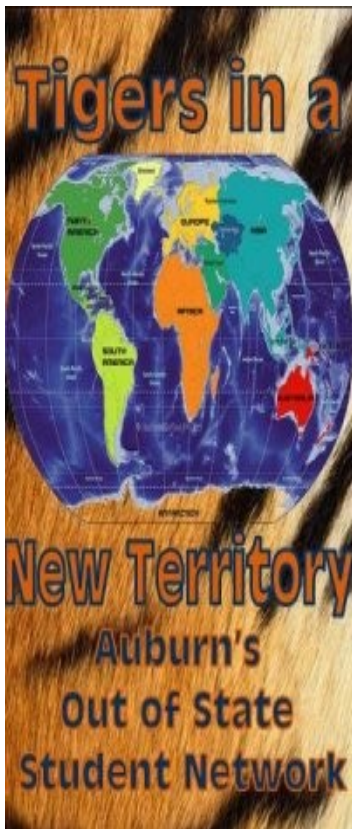
The Student Government Association will be sponsoring O-Days (Organization Days) 2010 on Monday August 30– Thursday September 2 on the Haley Center Concourse.



As we prepare for the first football game on the year, Auburn University Libraries will be hosting a tailgate to learn about resources and services they provide. The tailgate will include free food, the Auburn University Marching band, and even Aubie. This event will take place Friday September 3 from 10:00 am –1:00 pm in the library.



Tigers in a New Territory



Tigers in a New Territory is a group for AU students who may not call Alabama home, but are still proud to call themselves Auburn Tigers. Some of you and/or your parents may have attended the "Tigers In a New Territory" session at Camp War Eagle that covered such hot topics as transportation, residency, involvement, homesickness and cultural differences. The goal of this group is for students from out of state to connect with one another and meet upperclassmen who have been in your shoes.

Believe it or not about 45% of Auburn students are from out of state and 15% of Auburn students are from outside Alabama, Georgia, or Florida. We hope to build a strong group of students

proud of where they are from who can welcome other new out of state Auburn students.

Mark your calendar – Tigers in a New Territory will be hosting a luncheon in the Foy Dining Hall on **Thursday, August 26th from 11:00 a.m. to 1:00p.m.** Free drink coupons will be given to everyone attending. Feel free to stop by at any point as your class schedule allows. Also, there will be socials the first five weeks of classes. Make sure you are friends with Tigers in a New Territory on Facebook to get an event invite.

For more information please visit our Facebook page: www.facebook.com/tigersinaneuterritory.

Pitfalls

Your first year at Auburn can be quite overwhelming! The 2010 Camp War Eagle Counselors reflected on their own freshman year and have identified 10 pitfalls to avoid during your first year. Check out these pitfalls and how to avoid them:

Pitfall # 1: Skipping class

It will be tempting to skip class since you have newfound freedoms. While some faculty members may not take attendance, make it a habit to attend every class each day. You do not want to fall behind.

This is something that I swore I would never do, but it has become one of my biggest struggles.

I never intend to skip class, but I miss early classes because I stay up too late the night before and cannot wake up in time. My advice to an incoming



freshman would be to go to sleep at a decent hour on school nights no matter how late everyone else is staying up. Coffee is great to use every now and then, but there is no substitute for a good night's sleep, and sleep is the key to not missing class.

-Jared

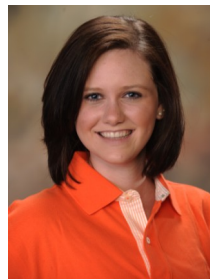
Pitfall # 2: Hanging out with your high school friends

Your high school friends may want to stick together in a nice and safe comfort bubble. Be sure to branch out. Talk to the students in your

classes, as well as meeting your neighbors in the residence halls, apartments, houses, and trailers.

I did not make much of an effort to meet new people. I basically hung out with all the same friends I went to high school with, and I really regret that. I made so many more friends throughout my sophomore year and this summer and it has been the best thing for me. My suggestion would be to take advantage of O-Days and find what's right for you and get involved and meet new people!

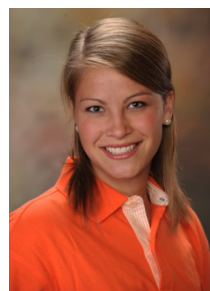
- Jamie



Pitfall # 3: Not initiating conversation with your professors

You may be in a class with over 250 Auburn students and are afraid to ask your professor a question. Don't be – your professors are here to help you! Visit during their Office Hours and talk to them before and after class. Their Office Hours will be listed on the course syllabus you receive the first day of class.

I was terrified of my professors. I didn't exactly view them as real people just like me. For some reason, I saw them as some kind of super-human that was regarded too highly to want to answer my question that could possibly be interpreted as silly. I wish I had



known that most professors LOVE to talk with their students one-on-one. Some even give bonus points in return for the initiative you show by making a point to stop by their office and talk things over. Here's my little piece of advice: Do not let professors intimidate you! The more intimidating a professor seems, the stronger the need is for you to face your fear of him or her and break that awkward barrier by introducing yourself, asking your question in person, or paying him or her an office visit! You will see the reward in your grade at the end of the semester, I promise.

-Ashley

Pitfall # 4: Passing on Auburn's resources

Auburn's Office of Academic Support is designed to assist you in refining and strengthening the academic skills necessary for success here at Auburn. Academic Support offers free tutoring services, academic coaching and counseling, and peer led review sessions. Take advantage of these resources – they are located on the 1st floor of the RBD Library. For more information, check out their website: www.auburn.edu/academicsupport.

I didn't realize how AMAZING the free resources that Auburn offers were. Things like Study Partners, the Writing Center, UNIV classes, and Supplemental Instruction are



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Pitfalls Continued from Page 3

amazing and we're lucky as students to be offered them. I never took advantage of these things until an English professor offered extra credit on a paper if we visited the writing center.

I ended up acing the paper. The writing center helped me out tremendously. I wish so much that I would have known from the beginning that using these things may have helped me form better habits from the beginning!
-Megan

Pitfall # 5: Ignoring extra credit opportunities

It is important to take advantage of extra credit opportunities your professor offers. Extra credit may further your understanding of a particular subject matter. In some cases, it may make the difference in getting the grade you want.

Extra credit not only boosts your grade, but it shows effort and a desire to succeed. Often at the end of a semester, a student catches themselves saying, "if only I had tried a little harder". Just one point can be the difference between an A or a B; be



proactive and take advantage of all opportunities for more points. Don't be that student
-Andrea

Pitfall # 6: Waiting until the night before a test to study

Be sure to keep up with the daily readings and homework in each

of your classes. Reviewing your class notes each day will help you prepare for a test. By studying each day, you will not feel overwhelmed the night before a test. Also, reviewing your notes each day will help you identify areas in which you need additional instruction or further clarification.

Do NOT wait until the night before a test to study. No matter what, it will probably happen and you'll find yourself sitting at your desk the night before



wondering why the heck you put it off. SO, just try your best to study a little each day or even just a few days before. This will also give you a chance to look over the

material and ask your professors any questions you have BEFORE the test day. You will so much more confidence come test day, and be able to get SOME sleep the night before. Without fail, all tests I have begun studying for a week or so before I have done better on. Try to get into the habit and it will definitely pay off!
- Sylvia

Pitfall # 7: Ignoring physical activity

Build in exercise time between your classes and social activities. Whether it is walking around campus with a friend or playing a quick game of frisbee, make time to be physically active. The Student Act has fitness classes, workout facilities, and intramural sports. For more information, check out www.auburn.edu/campusrec.

Obviously you are walking to class, but that's not enough! Do your best to get out and enjoy the day! It will make you feel better than just sitting around, get a friend and keep each other accountable! It's worth it to stay active.

-Tyler



Pitfall # 8: Assuming your college workload will be like your high school workload

Know that you will have to make an adjustment to your time management while in college. Classroom discussion may be based on your assigned readings, so even though you may not have class every day, be sure to keep up with the assignments.



College coursework is very different from high school coursework. There isn't anyone making sure you study, and there aren't as many redemption points. The work isn't

impossible, but it's different than many people expect.
-Justin

Pitfall # 9: Not getting involved

Take the initiative to introduce yourselves to the students in your classes, those in your residence halls or apartment complexes, and those in organizations. Get plugged into something you enjoy doing. Reconnect with members of your

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Pitfalls Continued from Page 4

Camp War Eagle group. SGA will be sponsoring O-Days (on the Haley Concourse from 10 a.m. – 2 p.m. on Monday August 30– Thursday September 2.) O-Days provide all students the opportunity to learn about the many student organizations available at Auburn. Make plans to attend O-Days! Haley Concourse from 10 a.m. – 2 p.m. on Monday August 30– Thursday September 2.) O-Days provide all students the opportunity to learn about the many student organizations available at Auburn. Make plans to attend O-Days!

Academics are obviously the most important thing when going to college, but there is so much more to Auburn than just classes. I made the mistake my first semester at AU of not getting involved in anything other than my studies. The lack of new friends, responsibilities, and social activities made every part of my semester suffer, even my grades. When you have less to do you have no accountability and are just less productive and are more likely to put studies off rather than taking initiative and getting the work done. By getting involved in the university, I found more friends, had more responsibility, and



became more productive. Don't make the same mistake I did. Get your studies done, but get involved in something while your here and get involved quickly. Whether its intramural sports, religious organizations, or campus organizations find something and get out there and dedicate yourself to it, I promise you wont regret it.

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Pitfall # 10: Pretending to be something you're not

In college, it is easy to reinvent yourself. You are suddenly around people who don't know you and haven't ever seen you before. It may be easy to fall into the habit of acting like someone you are not and giving in to things you wouldn't normally agree with in order to fit in. However, stay true to who you are. Know your limits, and be confident in yourself.



The beauty about coming to collese is that you get a fresh start. Don't' feel pressured to be someone you're not. Be yourself. If you focus on being yourself, you'll find yourself happier than you ever thought you could be.

Important Dates

Monday, September 6:
Labor Day Holiday

Wednesday, September 8:
15th Class Day
(Last day to withdraw from a course with no grade assignment)

Thursday, October 7:
Mid Semester
(Last day to withdraw from a course with no grade penalty)

Monday, November 22 - Friday, November 26:
Thanksgiving Break

Monday, December 3:
Last day of fall semester classes

Saturday, December 4 – Sunday 5:
Study/Reading Day

Monday, December 6 - Friday, December 10:
Final Exams

**Any questions?
Please contact:**

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