
Assessment Instructions

One of the first steps in the career planning process is self assessment. By taking one or more of the assessments listed here, you will begin to learn about your interests and personality preferences so you may make a more informed decision about your future career and major.

Go to www.auburn.edu/career and find Assessments under the student finding a major/career link. To pay for the assessments, complete the on-line form so your AU Bursar account may be billed.

FOCUS (free) is a self-paced, career and education planning tool that enables you to self-assess your career relevant personal qualities and explore career fields and major areas of study that are most compatible with your assessment results.

TypeFocus™ (free) assesses your personality type and incorporates it into personalized reports that offer insight into the following topics: career choices; job readiness, interpersonal skills, and learning styles. Make an appointment with a career counselor to review your results.

DISCOVER (free) offers guidance and provides career and major information to help you make informed career and educational decisions through the results generated by three inventories that assess your interests, abilities and values.

Strong Interest Inventory® (SII) (\$15) matches your interests with the interests of people who have been in career fields at least three years and are happy with their work. It takes about 30 minutes to complete this 317-item

inventory and results are discussed with a career counselor.

Myers-Briggs Personality Type Indicator (MBTI) (\$15) assesses your personality type. Results and relevant work environment associations are discussed with a career counselor. Allow about 30 minutes to complete this assessment.

In order to receive the results for the SII and MBTI, you need to sign-up for a **Group Interpretation** where you will join other students to review your results with a career counselor. The sessions are held in 304F Martin Hall on Tuesdays (10 am), Wednesdays (10 am) and Thursdays (2 pm). Sign-up for a session when you take the assessments.

We encourage you to bring your other assessment results in to review with a career counselor by calling 844.4744 to schedule an appointment.

CAREER DEVELOPMENT SERVICES | EXPLORE, PREPARE, SUCCEED

303 MARTIN HALL 334.844.4744 | FAX: 334.844.3871 | WWW.AUBURN.EDU/CAREER

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