

## How Will I Communicate?

E-mail is the least expensive and perhaps best way to stay in touch with friends, family, and OIE Study Abroad while you are away. Ground mail can be very slow. SKYPE and other computer based programs are worth exploring and you can check with your telephone company to determine the best way to use cell phones. Some programs include a cell phone and others offer the opportunity to rent one during your program abroad. Phone cards work well (check [www.goabroad.com](http://www.goabroad.com)), and your family and friends can add an international plan to their phone service before you go that would allow them to call you at very reasonable rates. Regular and cell phone calls internationally can cost upward of \$2-\$3-\$5 per minute unless you plan early.



***Shadows over King's Canyon*** taken by Amanda Matson in the Outback region of Australia 2004